

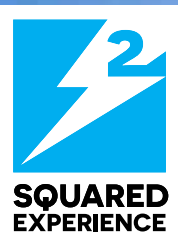
RIDE HIGH COUNTRY

CYCLE • EAT • DRINK • STAY



Yours
to keep

ridehighcountry.com.au



JAM²



„Top trail bike. The Focus wins with outstanding drive and mega riding fun.“

BIKE BILD, 01 / 17

 GERMAN ENGINEERED EXPERIENCE


FOCUS

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WELCOME

TO AUSTRALIA'S PREMIER CYCLING DESTINATION.

Whether your passion is for challenging road rides with tough climbs and long descents, getting down and dirty on sensational purpose-built MTB tracks or leisurely pedalling on safe, sealed bike paths and valley roads, the High Country has got it all!

Located in the north east of Victoria, the High Country is one of the most scenic places to jump on a bike anywhere in Australia. And if you needed even more reason to head this way, the area is also renowned for the quality of its locally grown and produced food, wine and craft beer. There's even the High Country Brewery Trail to explore!

Stretching from Mansfield in the south through the Victorian Alps to the Murray River in the north, this region is where Ned Kelly and his gang once roamed. It embraces the towns and villages of Benalla, Wangaratta, Mansfield, Rutherglen, Beechworth, Bright, Mount Beauty and Corryong – with the spectacular King, Ovens, Mitta and Kiewa Valleys plus the iconic mountain peaks of Mt Buller, Mount Buffalo, Hotham, Dinner Plain and Falls Creek nestled in between.

If it's challenging road cycling climbs you're after then you need look no further! Six of the toughest road ascents in the country can be found in the High Country and five of the 7 Peaks of the famous annual challenge can be conquered here.

The High Country has plenty of bragging rights on the MTB front as well. It's home to more than half (and growing) of all designated MTB single-tracks in Victoria, with seven dedicated MTB parks including Mt Buller – which boasts the Epic Trail, the only mountain bike trail in the Southern Hemisphere accredited by the International Mountain Bike Association.

For more sedate valley cycling through lush, scenic countryside, there are more than 200kms of bike paths including the fully sealed Murray to Mountains Rail Trail.

Whatever cycling holiday you plan, when you get here, there are nearly 400 cycle friendly and Ride High Country Preferred businesses across the region ready to offer a warm welcome. More than 100,000 cyclists a year choose to holiday in this neck of the woods, so there are plenty of places to stay and eat offering lockable bike storage, information, local tips, shuttle services, fully catered package tours and bike hire to suit any type of riding.

Cycling in the High Country is for anyone and everyone who can ride a bike. And for anyone who can't, this is the place to learn!

ridehighcountry.com.au

Happy trails!

GETTING HERE

BY CAR

From Melbourne - Travelling north take the Hume Freeway and in only two hours you will be in Benalla. A little further on is the Wangaratta exit and the exit for the Great Alpine Road. For Mansfield and Mt Buller take the Maroondah Highway from Melbourne.

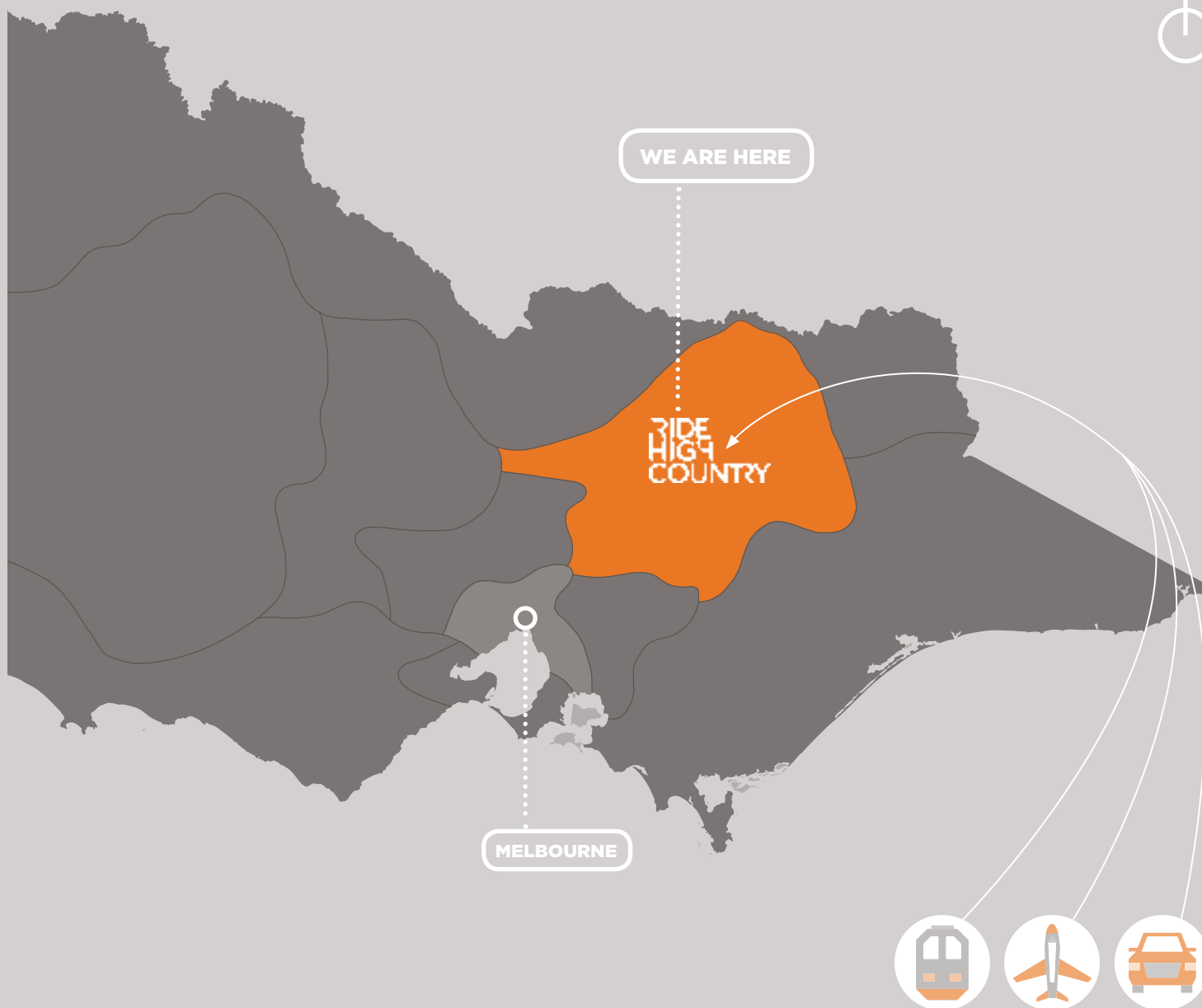
From Canberra - Travelling south, take the Hume Freeway to Albury/Wodonga and in four hours you will arrive at the northern tip of the High Country. Take the Wodonga exit for Beechworth and Tallangatta, or exit at the Great Alpine Road for Bright, at Wangaratta for Milawa, at Chiltern for Rutherglen or Beechworth and exit at Benalla for Mansfield.

BY TRAIN

The V-Line Seymour Line train departs Melbourne's Southern Cross Station stopping at the High Country stations of Benalla, Wangaratta, Springhurst, Chiltern and then on to Wodonga and Albury. Southbound, the Country Link train departs Sydney for Albury. The XPT Melbourne to Sydney Line runs daily, stopping at key High Country stations.

BY PLANE

Melbourne International Airport is just over two hours drive to Benalla and to the north, Albury Regional Airport is only 45 minutes to Tallangatta or Beechworth and is serviced by Qantas Link, Virgin Blue and Regional Express. Secure parking and car hire facilities are available.



MOUNTAIN BIKING



Victoria's High Country is Australia's leading region for mountain biking (MTB). Bright, Mt Buller, Falls Creek, Mount Beauty, Dinner Plain, Beechworth, Yackandandah, Mansfield and loads more; each and every one of this cluster of bike friendly towns is a mountain biker's paradise in its own right, but when you bundle them up together in a road trip, you've got something truly incredible.

What makes the north east of Victoria really stand out is the quality and diversity of experiences on offer; whatever your skill level, whatever flavour of mountain biking you like, you'll find it here. Craft yourself an itinerary that suits your style, or just go all-in with a region-wide road trip, hitting whatever bit of trail you find yourself pointed towards. As you hop from town to town, you'll discover everything from all day backcountry epics, through to gnarly downhill runs, to mellow cross-country riding. Literally, the entire spectrum of mountain biking is there to be sampled.

You'll meet seriously passionate communities of mountain bikers too, all supported by some of the best mountain bike infrastructure in the country. Top quality bike shops are everywhere to keep you rolling. There are local shuttle operators if you're not keen on the pedal up, the trails are signposted and mapped across the whole region so you're never wasting time lost in the bush and there's bike friendly accommodation aplenty. Oh, and the breweries are nearly all run by folk who mountain bike too, so they understand how important rehydration is for your mountain bike road trip.



OUR MUST-RIDES

FALLS CREEK, SUMMIT TO FLOWTOWN

From the stunning peak of Falls Creek, way above the tree line, kick off this epic downhill by barreling straight into the rocks and twisted snow gums of High Voltage. The berms and chunky granite of Wishing Well connect you through to Falls Creek's newest monster descent: Flowtown. This insanely cool roller-coaster just keeps on giving, picking up speed as you carve towards the gates of the village, where you pop out to meet the shuttle trailer waiting to take you up top again.

MT BULLER, VILLAGE TO MIRIMBAH VIA DELATITE RIVER TRAIL

With over 1000m of vertical, blitzed at face-warping speed, this descent is what big mountains are all about! Beginning with a mellow run out of the village down the flowing Gang Gangs, this ride lifts its intensity in a big way once you turn down the Delatite River Trail. Get ready to hit the kinds of speeds that normally require an engine as you charge down some of the fastest fire-roads out there, picking your line through shaken eyeballs and launching waterbars like an astronaut. Things mellow out as you reach the iconic log bridges across the river; a perfect wind down before rolling into the pretty parklands of Mirimbah where coffee and cake awaits.

BRIGHT, HERO TRAIL

The first trail of this kind on this scale in Australia, the new Hero Trail at Bright is revolutionary for the Australian scene. It's a proper, gravity-fed jump trail, and you clock some serious air miles on this one! You can pedal to the top of Mt Mystic on a perfectly built climbing trail, or shuttle up too if you want to keep the legs fresh. There are some whopping jumps on this one, so we recommend a sighting run first. But once you've got it dialed in, your mind will be blown as you literally fly down the hill all the way back to the Bright Brewery by the river below.

Chris Southwood
flowmountainbike.com

FLOW
MOUNTAIN BIKE

MTB

EVENTS

FEBRUARY

- VIC MTB CHAMPIONSHIP SERIES
- MOUNT BEAUTY ROUND
vicchampseries.com.au

MARCH

- BIKE BULLER FESTIVAL
bike.mtbuller.com.au

APRIL

- DP FUNDURO
dpriiders.com.au
- HIGH COUNTRY WOMEN'S CYCLING FESTIVAL
hcwcf.com.au

JUNE

- BRIGHT CROSS
vic.cycling.org.au
- MOUNT BEAUTY CX
vic.cycling.org.au

JULY

- KINGS CROSS
sammiranda.com.au

AUGUST

- NATIONAL CX CHAMPIONSHIP
mtba.asn.au

SEPTEMBER

- ALFRED 6 HOUR
alfred6hour.org.au
- MCKAYOS GRAVITY ENDURO
mckayos.com.au

OCTOBER

- MITTA TO MOUNT BEAUTY
tmb.org.au

NOVEMBER

- CHILTERN MO RIDE
chilternvc.com
- B24
bright24hr.com.au
- IGNITION MTB
ignitionmtb.com.au





MOUNTAIN BIKE GRADING SYSTEM

It's important that you understand the five ride categories and levels before throwing yourself down a hill. For detailed information on ride difficulty and types go to ridehighcountry.com.au

TRAIL RATING	LEVEL OF DIFFICULTY	DESCRIPTION
	VERY EASY Mountain Biking	Beginner/novice cyclists. Basic bike skills required. Suitable for most bikes. Likely to be a fire road or wide single track with a gentle gradient, smooth surface and free of obstacles.
	EASY Mountain Biking	Likely to be a combination of fire road or wide single track with a gentle gradient, smooth surface and relatively free of unavoidable obstacles. Beginner/novice mountain bikers. Basic mountain bike skills required. Suitable for off-road bikes.
	INTERMEDIATE Mountain Biking	Likely to be a single track with moderate gradients, variable surface and obstacles. Skilled mountain bikers. Suitable for mountain bikes.
	DIFFICULT Mountain Biking	Likely to be a challenging single track with steep gradients, variable surface and many obstacles. Experienced mountain bikers with good skills. Suitable for better quality mountain bikes.
	VERY DIFFICULT Mountain Biking	Very difficult trails will incorporate very steep gradients, highly variable surface and unavoidable, severe obstacles. Highly experienced mountain bikers with excellent skills. Suitable for quality mountain bikes.

MOUNTAIN BIKE PARKS

- BRIGHT** • Mystic Mountain Bike Park
- DINNER PLAIN** • Dinner Plain Mountain Bike Park
- MOUNT BEAUTY** • Big Hill Mountain Bike Park
- YACKANDANDAH** • Yack Tracks Mountain Bike Park
- MT BULLER** • Mt Buller Mountain Bike Park
- BEECHWORTH** • Beechworth Mountain Bike Park and Flametrees Mountain Bike Trail Head

ROAD RIDING

A cyclist in a black jersey and blue shorts is riding a road bike on a paved road that curves through a forest. The road is surrounded by tall trees and greenery, with sunlight filtering through the leaves. The cyclist's shadow is cast on the road ahead.

Victoria's High Country is one of Australia's premier road cycling destinations. From stunning valley roads, to the towering heights of the region's many mountains, Victoria's High Country has something to offer all road cyclists.

Fancy the challenge of cycling uphill and the rewarding views that follow? You have a number of great options available to you. The ride up Mount Buffalo, from Bright via Porepunkah, is among Australia's most scenic ascents. Falls Creek is a long and challenging climb with some beautiful temperate rainforest on the way. If you're feeling particularly ambitious, Mt Hotham is among the toughest climbs in the state, with stunning views to match. Keen on something a little shorter? The Tawonga Gap or Myrtleford to Beechworth climbs fit the bill perfectly.

For those who prefer rolling country roads, the High Country has that in spades too! You can ride any of the region's famous valleys (like the King, Ovens, Kiewa or Mitta) past farms, wineries and quaint towns on terrain to make any *rouleur* satisfied. For a change of pace, join the family and friends for a flat ride on one of the three Rail Trails.

As an alternative, investigate basing yourself in Mansfield, Wangaratta, Rutherglen, Beechworth or Benalla. Staying here allows instant access to the network of paved and unsealed backroads - you'll be lucky to share the road with another car, let alone a peloton.

Simply put: if you're a road cyclist and you enjoy incredible scenery, you need to Ride High Country!



OUR HIGHLIGHTS

MOUNT BUFFALO

Mount Buffalo is the closest mountain to Bright, providing an up-and-down ride of about 50km. The climb itself is roughly 20km long, depending on whether you ride to the Chalet, Dingo Dell, or even The Horn (be prepared for some gravel). A truly stunning ascent with one of the best descents anywhere in Australia.

FALLS CREEK

From the township of Mount Beauty, it's 30km of scenic climbing to Falls Creek. It's not uphill the whole way — the middle section of the climb even has some descending in it — but it's still a long and challenging ascent. For a really special day out, start and finish in Angler's Rest and head along Big River to Mitta Mitta. You'll be hard-pressed to find a more picturesque set of rollers anywhere in Australia.

MT HOTHAM

One of the most feared ascents in Victoria. This 30km climb starts in Harrietville and can be broken into three sections of about 10km. The first section is steady, the second is flatter and somewhat easier, the third — above the tree line — features some sustained sections of very tough climbing. A long, hard ascent that should be respected, but that delivers views like few others. Start and finish in Bright for a ride of roughly 100km.

MANSFIELD - WHITFIELD

When you think of cycling in Mansfield, it is usually as a starting point for the trek to Mt Buller, however that is selling the destination short. The roads around Whitfield have to be ridden to be believed, particularly when incorporating either Mansfield, Benalla, or Wangaratta. Each corner reveals a different vista as you work your way across the Tolmie Range.

Andy Van Bergen

CyclingTips.com.au



ROAD

EVENTS

JANUARY

- AUDAX ALPINE CLASSIC AND BONJOUR BRIGHT
alpineclassic.com.au

FEBRUARY

- LAKE HUME CYCLE CHALLENGE
lakehumecyclechallenge.com.au
- HIGH COUNTRY CHARITY RIDE
tourdecure.com.au

MARCH

- PEAKS CHALLENGE FALLS CREEK
bicyclenetwork.com.au
- MANSFIELD TOUR
mmbcc.org.au
- THE HUNGER RIDE
thehungerride.com.au

APRIL

- HIGH COUNTRY WOMEN'S CYCLING FESTIVAL
hcwcf.com.au

EASTER

- KING VALLEY ESCAPE
kingvalleyescape.com.au

JUNE

- WANGARATTA CYCLING CLUB TOUR
wangcyclingclub.com.au

JULY

- TOUR DE BEECHWORTH
bridgeroadbrewers.com.au

AUGUST

- SAM MIRANDA TOUR OF KING VALLEY
sammiranda.com.au

SEPTEMBER

- SAM MIRANDA GRAN FONDO AND STRADE NERO
sammiranda.com.au

OCTOBER

- NED KELLY CHASE WANGARATTA
nedkellychase.com.au

NOVEMBER

- CHILTERN MO RIDE
chilternvc.com

DECEMBER

- TOUR OF BRIGHT
tourofbricht.com.au
- MAGNIFICENT MITTA MOUNTAIN RIDE
mittavalley.com.au

OCTOBER TO APRIL

- 7 PEAKS RIDE SEASON
7peaks.com.au





7 PEAKS

Victoria's 7 Peaks Ride is an at-your-own pace cycling challenge which runs from October to April each summer cycling season.

More than 10 years of the 7 Peaks have already flown by, drawing participants from all over Australia and the world, becoming one of the most anticipated events on the Australian cycling calendar. With iconic routes to the top of the seven Victorian alpine resorts (Dinner Plain, Falls Creek, Hotham, Lake Mountain, Mount Buffalo, Mt Baw Baw and Mt Buller) every journey will take you up winding mountain roads, around steep turns and past jaw dropping views until your goal is conquered.

Whether you're aiming to take down all 7 Peaks, or attempting your first mountain climb, be sure to register for the new 7 Peaks app, the 7 Peaks Digital Passport. You can track your rides, keep an eye on what peaks your mates have completed and you'll automatically receive a completion stamp for every completed ride.

Every time you ride one of the peaks, and get a resort stamp in your passport, you are one step closer to winning the major prize of a cycling trip to next year's Tour de France. We've also got a great range of 7 Peaks - Ride High Country cycling kit that includes a 7 Peaks Champions Jersey for those that take down all 7 Peaks.

Challenge yourself to climb your first mountain – or all seven – this season and make sure you're registered before you clip in – it's free!

7peaks.com.au

7PEAKS

RAIL TRAIL

/RECREATIONAL



Victoria's High Country is a must-visit for recreational cyclists. The demise of Victoria's regional railway network in the 1970s has left a legacy of accessible rail trails through verdant valleys and lush farmland. The huge range of local food and wine in Victoria's north east is accessible via the largest off road rail trails in the Southern Hemisphere. The spectacular valleys of this region offer beautiful, leisurely riding on the way to indulging in the local produce.

There are three main rail trails: the Murray to Mountains follows the Ovens Valley from Wangaratta to Bright with an offshoot from Rutherglen to Wagunyah; the Great Victorian Rail Trail runs from Mansfield via Lake Eildon and Yea and on to Tallarook while the High Country Rail Trail hugs the shores of Lake Hume from Wodonga to Corryong.

There are some fantastic events to time your visit to the north east. The annual High Country Harvest is in May and it is highly recommended to spend several days indulging in the bounty of the region. Many of the events are easily accessed on two wheels. Another sumptuous event is La Dolce Vita held in November in King Valley. Visiting during this weekend, you could well believe you have arrived at an Umbrian valley with a feast of Mediterranean fare and Italian influenced wines to try. And on any given weekend there will be local farmers' markets on, so it's always a good idea to go online and check what is scheduled for the region.



OUR PICKS

DISCOVER THE GOULBURN

The Great Victorian Rail Trail is the closest to Melbourne and winds its way along the Goulburn Valley. The trail offers spectacular scenery crossing Lake Eildon and passing by old river red gums and through rich farm country. Pack a picnic from the range of local produce available in Mansfield before starting your adventure. This trail is Australia's longest continuous rail trail at 134km and you can select to ride a section to suit your capability.

RUTHERGLEN IN STYLE

The Rutherglen Tweed Ride has become an institution amongst the cognoscenti. If you can't time your visit during this annual ride, no matter. Plan a trip to explore the flat 9km Rutherglen to Wahgunyah section of the Murray to Mountains Rail Trail. There are plenty of cellar doors in easy riding distance and some hidden tranquil bends on the mighty Murray for a refreshing dip.

SWEET RIDE

The 6km ride from Bright to Porepunkah is perfect for families with young children and those who like a gentle ride with time to chat. The Rail Trail Cafe in Porepunkah offers all day breakfast and delicious homemade cakes and scones. If you wish to explore further down the Ovens Valley via Ringer Reef Winery and on to Myrtleford, a good option is to hire e-bikes from Bright Electric Bikes. And to reward yourself on return, drop into the Bright Brewery and relax on the Hop Terrace whilst enjoying the local fare and range of craft beers.

Tom Bodycomb

Treadlie Magazine
treadlie.com.au



RAIL TRAIL

/RECREATIONAL

EVENTS

EASTER

- KING VALLEY ESCAPE
kingvalleyescape.com.au

MAY

- WHISTLESTOP HIGH TEA
highcountryrailtrail.org.au
- THE TWEED RIDE
explorerutherglen.com.au

OCTOBER

- TALL TRESTLE TREADLE
highcountryrailtrail.org.au

NOVEMBER

- PATCH TO PATCH
explorebeechworth.com.au
- CHILTERN MO RIDE
chilternvc.com





EXPLORE MORE

with Bosch
eBike Systems



Find the freedom and your sense of adventure with Bosch eBike Systems.

Turning everyday riders into explorers, the pedal-assist boost of Bosch's exciting eBike Systems shrinks hills and shortens the distances that lie ahead – making cycling more accessible, more fun and more relaxing for people of all ages and fitness levels.

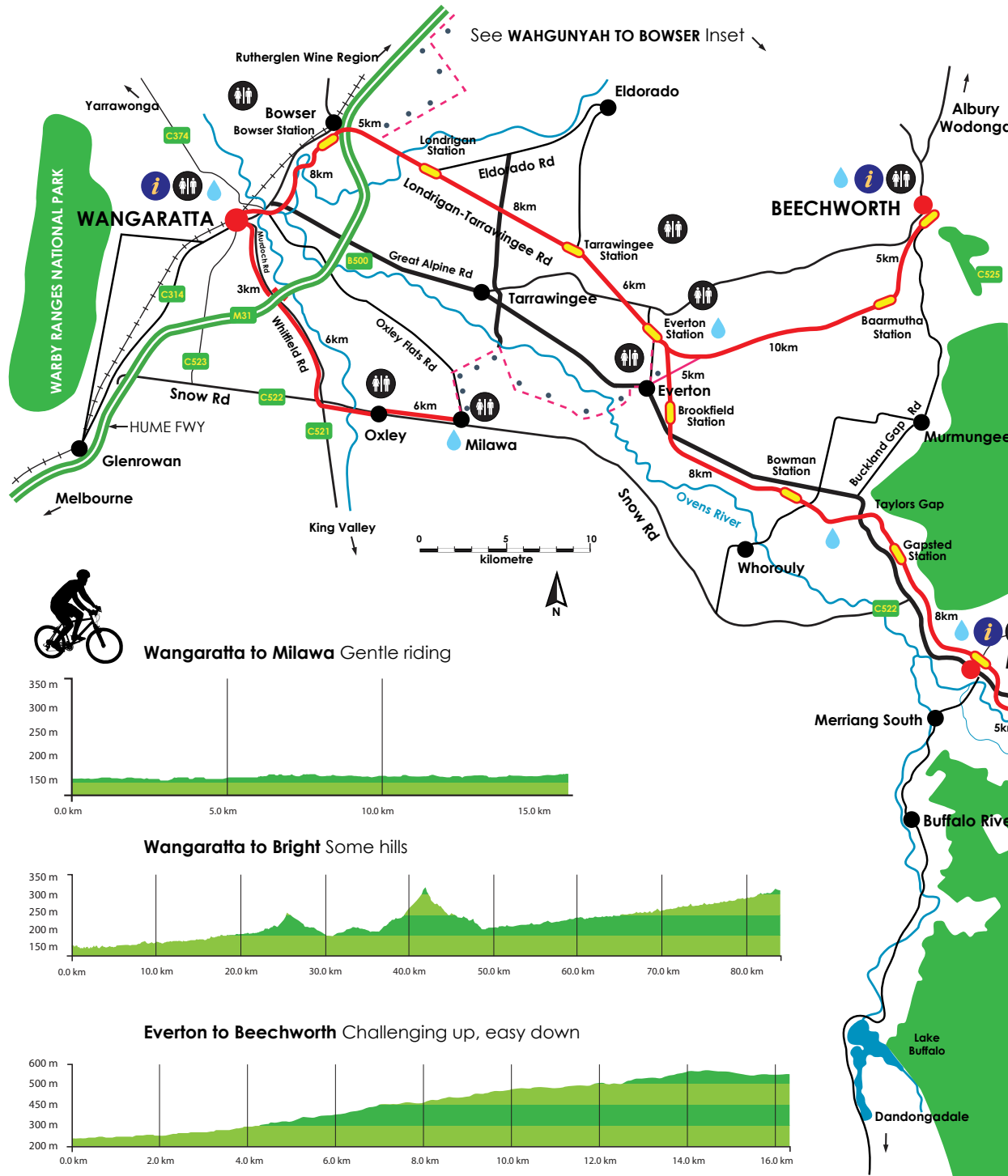
Discover more at: www.bosch-ebike.com.au

Brands empowered by Bosch as at November 2017:

avea	BREMONT & CO.	cannondale	COMARCO	CUBE	Electra
FOCUS	GAZELLE	HAIBIKE	Kalkhoff	MICHELLE	MOUSTACHE
NORCO	ORBEA	RIESE & MÖLLER	SCOTT	sinus	tern
TRIK	yuba				

More trails. More adventure. More enjoyment.

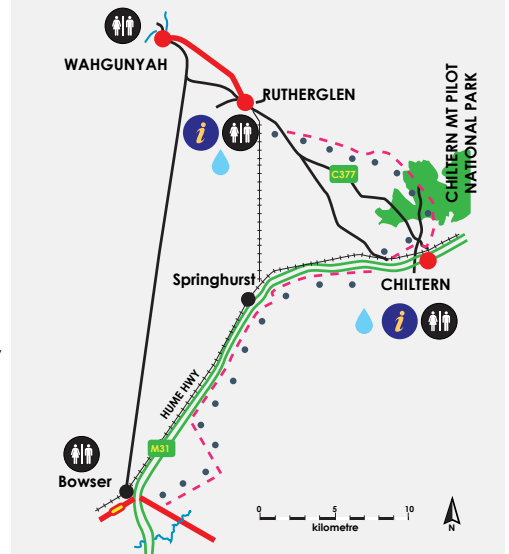
MURRAY TO MOUNTAINS RAIL TRAIL MAP



This rail trail is signed at regular intervals with markers that look like this:

In case of emergency please call '000' and quote the number on the nearest marker.

WAHGUNYAH TO BOWSER



GREAT VICTORIAN RAIL TRAIL MAP

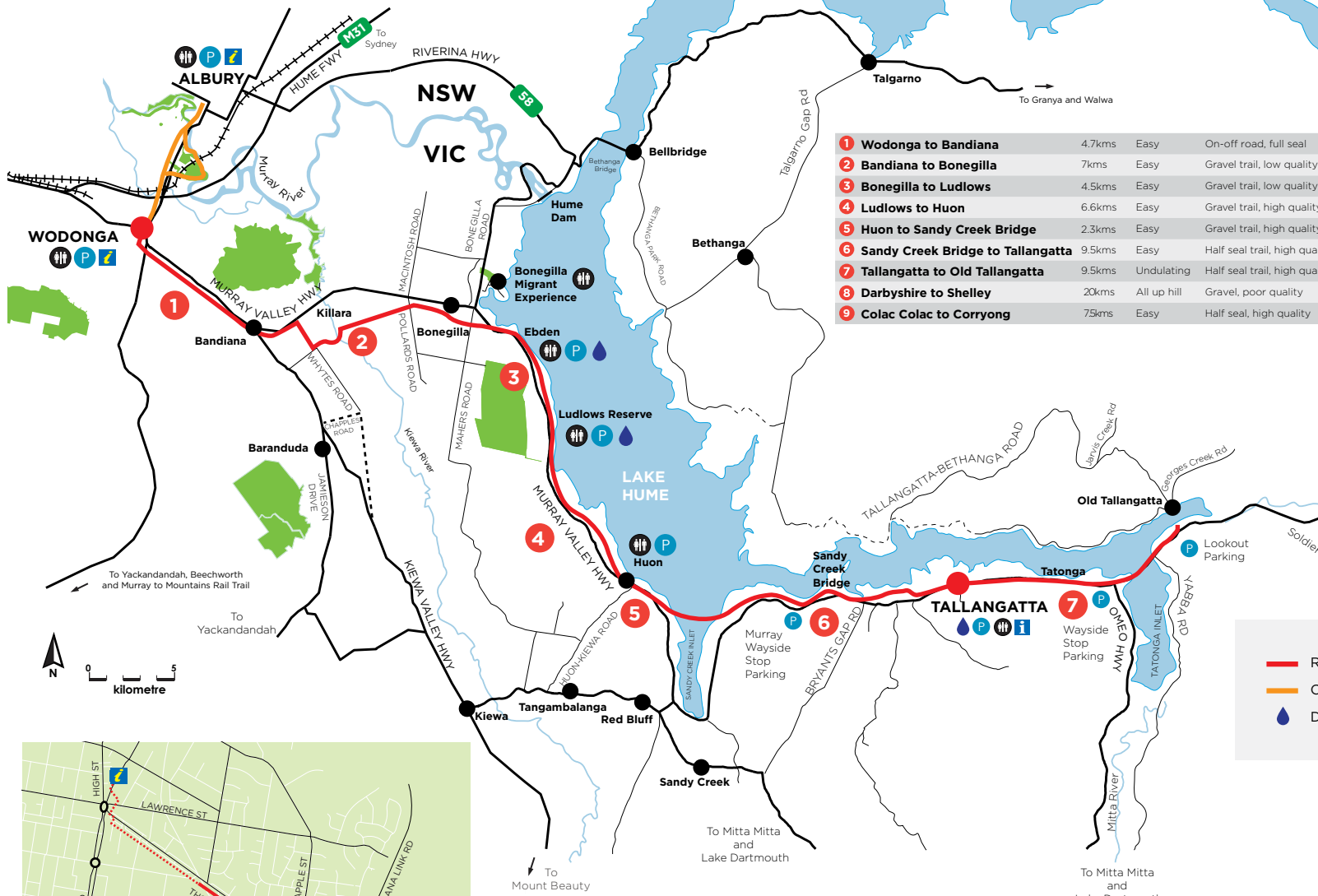


KEY

- Rail trail
- Major Hubs
- Historic station sites
- P Car parks
- Rivers & lakes
- Roads
- ++ Railway line
- Toilets on rail trail
- Public toilets
- Stay
- Eat
- Picnic Shelters

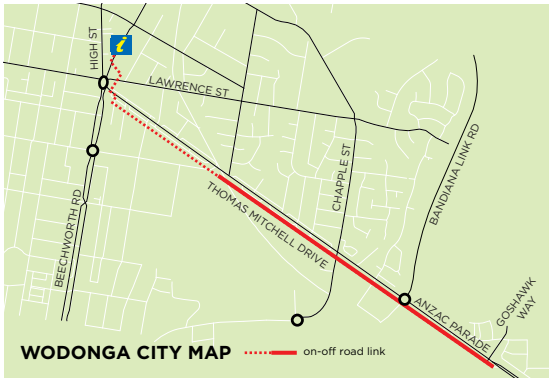


DISCOVER THE HIGH COUNTRY RAIL TRAIL



1	Wodonga to Bandiana	4.7kms	Easy	On-off road, full seal
2	Bandiana to Bonegilla	7kms	Easy	Gravel trail, low quality
3	Bonegilla to Ludlows	4.5kms	Easy	Gravel trail, low quality
4	Ludlows to Huon	6.6kms	Easy	Gravel trail, high quality
5	Huon to Sandy Creek Bridge	2.3kms	Easy	Gravel trail, high quality
6	Sandy Creek Bridge to Tallangatta	9.5kms	Easy	Half seal trail, high quality
7	Tallangatta to Old Tallangatta	9.5kms	Undulating	Half seal trail, high quality
8	Darbyshire to Shelley	20kms	All up hill	Gravel, poor quality
9	Colac Colac to Corryong	75kms	Easy	Half seal, high quality

HIGH COUNTRY RAIL TRAIL MAP



Rail Trail HCRT

Cycle path

Drinking Water

P

Parking

♿

Toilets

i

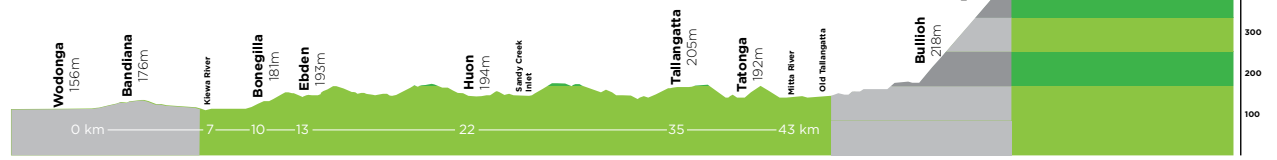
Information

i

Information

GRADIENT CHART

- Shared path
- Road riding
- Rail Trail
- Bush Trail



CYCLE TOUR COMPANIES

Are you planning your first cycling adventure in the High Country? Looking for a new challenge? Looking for a new group of friends to share your Ride High Country experience with?

With extensive knowledge of our region, the High Country has a number of tour operators offering a range of tour options from MTB shuttles facilities, to multi day gourmet cycling tours and itineraries designed to help you conquer the 7 Peaks.

ALL TERRAIN CYCLES

03 5775 2724
allterraincycles.com.au

ALLTRAILS BICYCLE TOURS

03 9802 4465
alltrails.com.au

BRIGHT ELECTRIC BIKES

03 5755 1309
brightelectricbikes.com.au

CYCLEPATH

03 5750 1442
cyclepath.com.au

ENERGISE ADVENTURES

0412 323 841
energiseadventures.com.au

HAPPY TRAILS CYCLING ADVENTURES

0407 498 392
alpineascentcycling.com.au

MTB ADVENTURES

03 9393 1355
mountainbikeadventures.com.au

MULGA BICYCLE TOURS

02 6262 3957
mulgabicicletours.com.au

MYRTLEFORD CYCLE CENTRE

03 5752 1511
myrtlefordcycle.com

RIVER TRIBE ADVENTURES

0457 902 966
rivertribeadventures.com.au

ROCKY VALLEY BIKES

03 5754 1118
rockyvalley.com.au

ROCK AND ROAD CYCLES

03 5721 4744
rockandroadcycles.com.au

TOUR DE VINES

1300 665 330
tourdevines.com.au

TRIBAL CYCLING

0414 334 843
tribalcycling.co

VISIT BENALLA TOURS

0447 343 439
benallatours.com.au

WIDE OPEN ROAD

0411 362 644
wideopenroad.net.au



RIDE HIGH COUNTRY PREFERRED BUSINESSES


Did you know that more than 100,000 cyclists a year choose Victoria's High Country for their riding holiday? Sure, the High Country has some of the best terrain, routes and trails around. But that alone is not enough to ensure you have a truly memorable cycling holiday and keep our position as Australia's premier cycling destination.

There are almost 400 cycle friendly and Ride High Country Preferred businesses across the region that love bikes as much as you and will ensure your next cycling adventure is all smooth sailing. No matter what holiday you plan, there is a business for you that lives and breathes cycling - offering bike pumps, secure parking, water stations and eager staff armed with maps, information and local tips.

Do you need some help getting from A to B, or would like someone to take care of your puncture? Need to hire a bike for your tribe or wouldn't mind a guided tour through the beautiful High Country? There's a host of bike mad tour operators, transport solutions and bike shops to take the stress out of your next cycling adventure.

Looking for an accommodation option where you can actually take your bike inside? There's a range of Ride High Country Preferred options built to please cyclists - from hotels, self contained cabins, large houses ready for an entire peloton and even cosy retreats for the more romantically inclined.

To ensure you experience the very best of cycling in the High Country, be sure to check out the full range of Ride High Country Preferred businesses - they understand exactly what a great cycling holiday needs.

Just look for the  symbol throughout this guide and for more details head to ridehighcountry.com.au





BEECHWORTH & SURROUNDS



At 800m above the valley floor, Beechworth ticks all the cycle getaway boxes with great riding, accommodation to suit any pocket, memorable food, wine, craft beer, history to get immersed in and stunning sunsets to snap and share.

A trailhead for the sealed Murray to Mountains Rail Trail is at the old railway station, offering a mostly downhill cruise to Everton. For MTB newbies, the Flame Trees Trail built parallel to the Rail Trail is a great way to learn the ropes, while Beechworth Mountain Bike Park mixes up challenging climbs with technical descents. Road cycling around here is all about the hills – local favourites are the 9km climb around the bends to the tiny orchard village of Stanley, and the tight, steep descent to the Murrungee Basin below.

Beechworth's gold rush legacy and its links to Ned Kelly echo through the

beautiful 19th century streetscapes and heritage-listed buildings, while the surrounding countryside is all National Park forests, farms and vineyards that produce some truly remarkable wines. The food's pretty good too, and includes the two chef's hatted restaurant, Provenance, featuring Michael Ryan's superb Japanese-inspired menu and award-winning wine list.

Many Beechworth locals are passionate about their cycling and more than happy for visitors to join in their regular Wednesday night rides from town. One of them, Bridge Road Brewers founder (and local cycle nut) Ben Kraus, serves up a perfect range of post-ride, crispy cold beers handcrafted on the premises. Beechworth's coffee offering is also pretty special, with several excellent cafes serving hot cups of roasted bliss.

- Road Rides
- Rail Trail
- ⓘ MTB Park

Detailed maps at
ridehighcountry.com.au

HIGHLIGHTS



WHAT GOES DOWN MUST COME UP!

Downhill from Beechworth to Everton on the Murray to Mountains Rail Trail is a cruisy way to spend the day. Call into Pennyweight Winery for a tasting and pick up a bottle of their outstanding Constance Fino sherry to take home. Leave a car at either end to avoid the uphill return, or better still, a Tour de Vines guided tour includes shuttles as well as places to eat, drink and stay along the way.

explorebeechworth.com.au

TAKE A BIKE

Bridge Road Brewers is smack in the middle of town. Life doesn't get much sweeter than lunch in the sunshine with a slice or six of their outstanding pizza plus a tasting paddle of award-winning ales on the side. Afterwards, grab one of the brewery's free bikes for a sightseeing pedal and a refreshing swim in Lake Sambell.

bridgeroadbrewers.com.au



MTB NIRVANA

A steep, forested hillside with granite boulders makes the twisted tracks at Beechworth MTB Park one of the region's most exhilarating places to ride. The Flame Trees loop that parallels the Rail Trail has plenty of challenges for beginners to intermediates, and is a great way for kids to upskill while mum and dad take the more sedate path alongside.

ridehighcountry.com.au

Bee School by Beechworth Honey

Bee School is a special place designed and inspired by honeybees, honey and learning new skills. Visit Bee School to learn about the integral roles honeybees play in our everyday lives and discover the links between bees, pollination and our food security. The wonderful world of bees at Bee School will delight visitors of all ages.

87 Ford Street, BEECHWORTH
03 5728 1433 • info@beechworthhoney.com.au
beechworthhoney.com.au



Beechworth Bakery

Begin or finish your ride with a visit to the original Beechworth Bakery. Be greeted by the tantalizing aroma of barista made coffee mingled with hot-out-of-the-oven pies, pasties and bread. Fuel up with freshly made sandwiches, wraps, focaccias and rolls and, of course, check out the huge range of irresistible treats.

27 Camp Street, BEECHWORTH
1300 233 784-1 • enquiries@beechworthbakery.com.au
BeechworthBakery.com.au



Beechworth Holiday Park

A hidden treasure set in bushland on the edge of the Historic Park, 1.5kms out of Beechworth. Offering pet friendly sites, a holiday house, cabins, swimming pool, playground and go kart/bike hire; we are in an ideal location for bush-walking, road/mountain bike riding, bird watching and exploring Beechworth's magnificent history.

151 Stanley Road, BEECHWORTH
03 5728 1597 • contact@beechworthholidaypark.com.au
beechworthholidaypark.com.au



Beechworth Lake Sambell Caravan Park

Visit beautiful Lake Sambell Caravan Park located in the heart of Beechworth, within walking distance to the centre of town. The park offers powered and un-powered sites, en suite cabins and on-site caravans. Guests can enjoy the very clean amenities, laundry, camp kitchen and undercover BBQ areas. Mountain bikes, canoes and kayaks available for hire.

20 Peach Drive, BEECHWORTH
03 5728 1421 • contact@caravanparkbeechworth.com.au
caravanparkbeechworth.com.au



Bridge Road Brewers

Conceived by Ben Kraus in his dad's back shed in 2005, Bridge Road Brewers has grown to become one of Australia's best craft breweries. The iconic brewery venue in the heart of beautiful Beechworth is the place to rehydrate and refuel after a day on the bike. The brewery kitchen bakes pretzels daily, but get in early, as latecomers are often disappointed due to their popularity.

Old Coach House, Ford Street, BEECHWORTH
03 5728 2703 • info@bridgeroadbrewers.com.au
bridgeroadbrewers.com.au

A large photograph of a field of white flowers with a dark text overlay. The text reads: "THE GEORGE KERFERD", "STAY, RELAX AND EXPLORE.", "Bike friendly and tailor made for riders who want to discover the region's trails, tracks and loops, The George Kerferd is a great place to stay, hang out in the bar and enjoy a range of delicious seasonal produce crafted by Arbor Dining + Bar.", and "JUST CALL US TO BOOK: 03 5728 2618 gkhotel.com.au | Oak Avenue Mayday Hills, Beechworth Vic. 3747".

THE GEORGE KERFERD

STAY, RELAX AND EXPLORE.
Bike friendly and tailor made for riders who want to discover the region's trails, tracks and loops, The George Kerferd is a great place to stay, hang out in the bar and enjoy a range of delicious seasonal produce crafted by Arbor Dining + Bar.

JUST CALL US TO BOOK: 03 5728 2618
gkhotel.com.au | Oak Avenue Mayday Hills, Beechworth Vic. 3747

Finches of Beechworth

Finches circa 1883: multi-award-winning, five star accredited luxury accommodation for 12 people with seasonal swimming pool, magnificent English gardens, Foxtel, tapas and drinks served every late afternoon. Undercover carport, 500 metres from all the cafes, shops, restaurants and also the bike trails.

3 Finch Street, BEECHWORTH
03 5728 2655 • stay@finchesofbeechworth.com.au
finchesofbeechworth.com.au

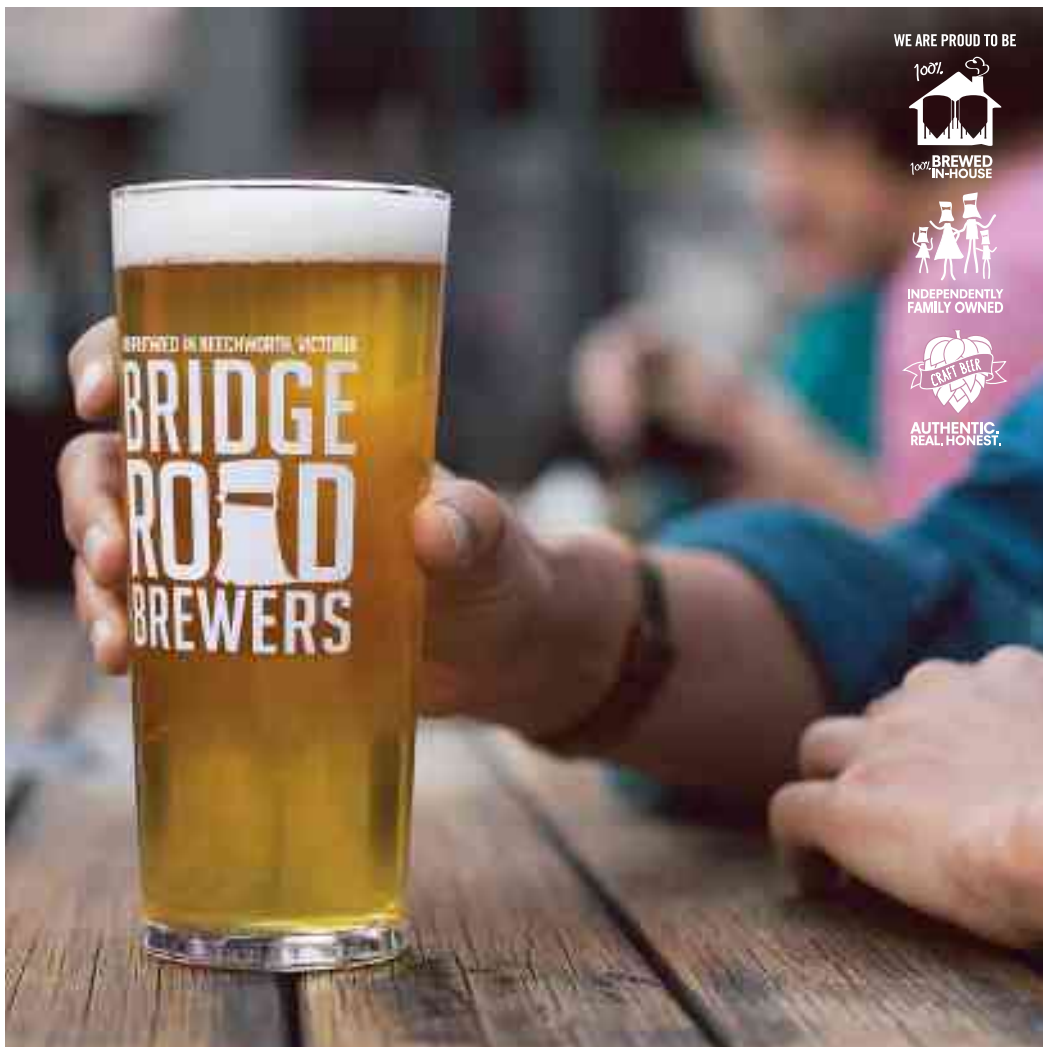


Golden Heritage Accommodation

Take in the picturesque views of historic Beechworth from wide elevated verandas and decks surrounding the motel, self-contained spa cottages and apartments. The three styles of accommodation are spread out over our large property that attracts an abundance of bird life and makes it an ideal starting point for a bike riding adventure.

51 Sydney Road, BEECHWORTH
03 5728 1404 • contact@goldenheritage.com.au
goldenheritage.com.au





WE ARE PROUD TO BE



OLD COACH HOUSE, FORD STREET, BEECHWORTH PHONE: 03 5728 2703

BREWERY & PIZZERIA BEER TASTING AND
SALES 7 DAYS FROM 11AM LUNCH 7 DAYS
DINNER 5.30 - 8.30PM THUR, FRI, SAT, SUN

FREE TOWN BIKE HIRE

www.bridgeroadbrewers.com.au /bridgeroadbrewers /nakedned



Fully Supported Cycling Holidays

We organise and carry everything. All you have to do is ride!

High Country and Rail Trail Tours

- NE Victoria Autumn 8 Day Tour - May
- NE Victoria Spring 8 Day Tour - October
- 7 Peaks Ride - supported tours on demand

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To stay informed about our tour updates & offers please sign up on our website to receive our newsletter
04 1230 9711 mulgabicycletravels.com.au



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2017-18 

Lilac Cottage

Experience Beechworth's history. A cosy, two bedroom, self-catered 1860s granite cottage set in its own garden. A perfect blend of yesteryear's charm and today's conveniences.

23 William Street, BEECHWORTH
0427 214 421 • stay@lilaccottagebeechworth.com.au
lilaccottagebeechworth.com.au



Republic of North East Victoria

Located at the Old Beechworth Gaol, The Republic of North East Victoria is a hub for all of your cycling adventures. Bike hire, retail, cafe, tours and training.

Cnr. William and Ford Street, BEECHWORTH
info@riderepublic.cc
riderepublic.cc

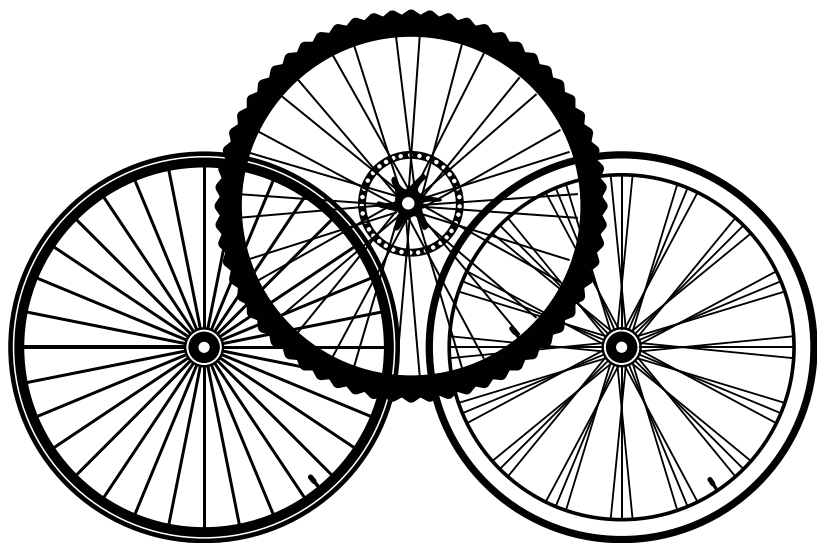


THE OLD
BEECHWORTH
GAOL

REPUBLIC

of
North East Victoria

Bike Hire Cafe Training Tours



riderepublic.cc

Cnr. William St & Sydney Rd
Beechworth, VIC 3747
info@riderepublic.cc

The George Kerferd Hotel

Situated in 20 hectares of beautiful heritage gardens, the George Kerferd is a great place to stay, relax and explore the region. Enjoy dinner in our restaurant serving local, seasonal produce, or stop at our bar for a cool drink and a Friday night music event. With two types of accommodation, we will have a room to suit your mood.

Oak Avenue, Mayday Hills, BEECHWORTH
03 5728 2618 • team@gkhotel.com.au
gkhotel.com.au



The Honey Shop by Beechworth Honey

SEE. TASTE. EXPERIENCE. Step inside The Honey Shop and discover the ultimate honey destination! The Honey Shop by Beechworth Honey is home to the concept store formerly known as Beechworth Honey Experience. Combining retail with a fascinating honeybee encounter, we invite you to step inside and be tempted by our delicious honey-tasting station featuring more than 30+ 100% Australian honey varieties.

31 Ford Street, BEECHWORTH
03 5728 1433 • info@beechworthhoney.com.au
beechworthhoney.com.au



BENALLA & SURROUNDS



The gateway to the High Country's famed food, wine, nature and cycling experiences, and a creative hub in its own right for visual artists, Benalla, in the Goulburn-Broken River Valley lowlands, is a great destination for both road and leisure riders.

Post-ride, head to the Benalla Art Gallery, one of regional Australia's best. Enjoy a coffee and a cake before checking out the excellent permanent collection of Australian works spanning 19th century colonial to 21st century contemporary.

Benalla also boasts some beautiful parks and gardens by its central

lake – the perfect place to rest under a shady tree after a great ride before taking a guided tour of the town's incredible street art. The legacy of the annual Wall to Wall street art festivals sees works by internationally renowned artists feature prominently on buildings and other public structures around the town.

Don't miss Winton Wetlands located just out of town, the largest wetlands restoration project in Australia. A haven for birdlife of many kinds, it's also great for a leisurely pedal around shore-hugging flat trails.

HIGHLIGHTS



BIG SKY, WIDE OPEN ROAD

Newcomers to road cycling, or old hands looking for a speedy warm-up can try two easy loops starting in Benalla - the 24km Emu Bridge Loop and the 30km Burness Loop. The longer Lurg Loop and Moorngag-Tatong rides will suit intermediates, or for something more challenging try the 64km Winton Wetlands ride or the even longer 86km Ford's Bridge Loop.

ridehighcountry.com.au

ON A WING AND A WHEEL

Keep the pelicans company on a gentle pedal of the trails crisscrossing the Winton Wetlands. Bring binoculars to spot the incredible range of resident and visiting birdlife, and then head to The Mokoan Cafe on the shores of the wetlands to refuel. For something really different, spend a night under the vast canopy of the Milky Way in a lakeside glamping tent.

enjoybenalla.com.au



THE ART OF EASY

A 4km loop ride around the lake in the centre of town is a gentle way to get your bearings. Finish with a picnic in the pretty Botanical Gardens before checking out Benalla's thriving art scene where giant Wall to Wall festival murals by talented street artists have transformed many of the buildings.

victoriashighcountry.com.au



Black Dog Brewery

A craft brewery located at Taminick Cellars winery producing preservative-free beers made from premium malted barley, hops and yeast strains with Warby Range water. There are four handcrafted beers in the core range with limited release specialty beers also produced.

339 Booth Road, GLENROWAN
03 5766 2282 • info@blackdogbrewery.com.au
blackdogbrewery.com.au

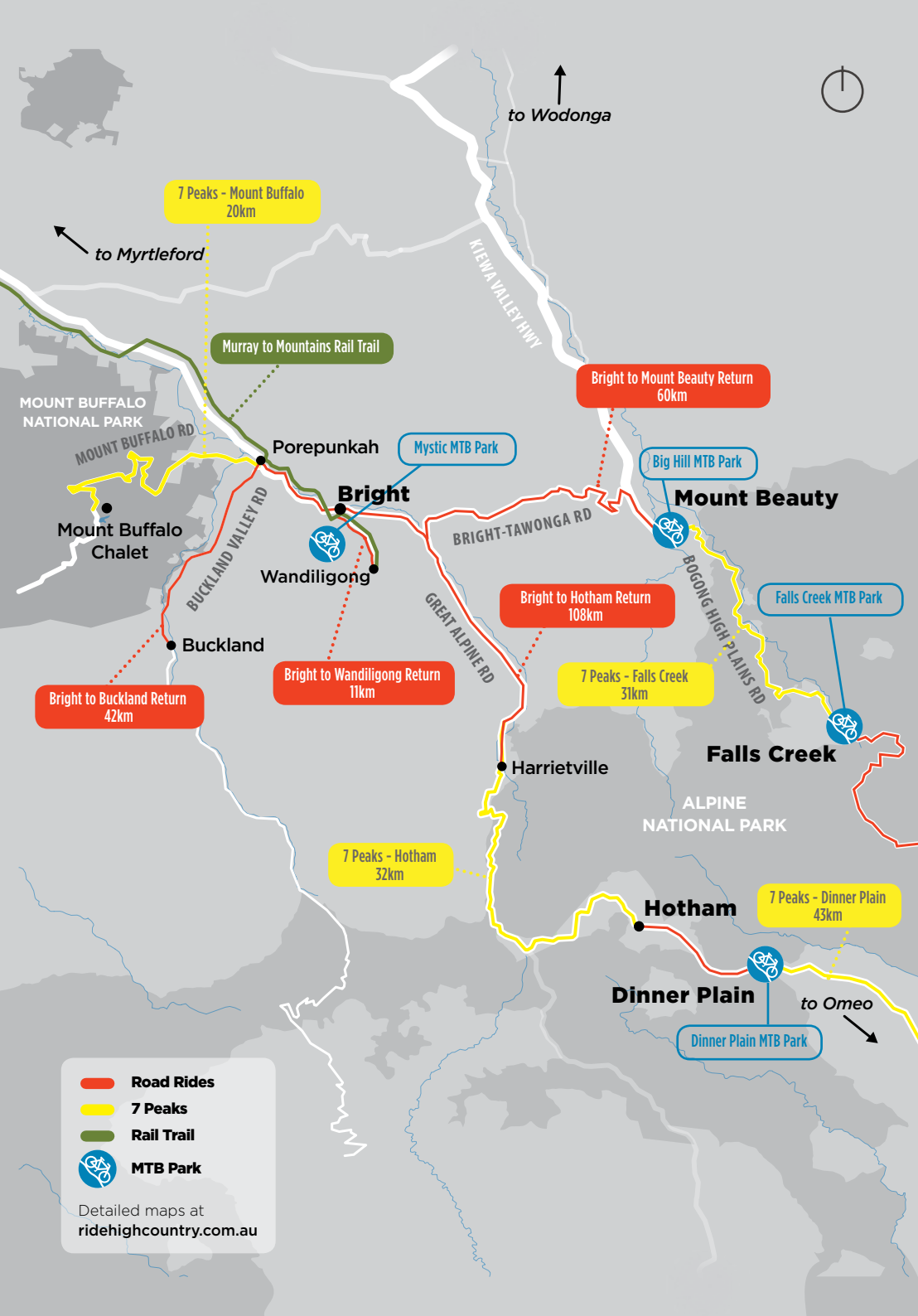


Winton Wetlands

The 8750 hectare site is as much about the landscapes you pass through as it is the trails your wheels roll over. Weaved with trails specialising in the spectacular that circle swamps and woodlands of both Indigenous Australian and scientific importance. Perfect for a leisurely pedal to explore the unexpected art scattered amongst the landscape. Refresh at the Mokoan Hub & Cafe.

652-668 Lake Mokoan, Road, CHESNEY VALE
03 5766 4462 • info@wintonwetlands.org.au
wintonwetlands.org.au





BRIGHT & SURROUNDS

It doesn't get much better for riders than this iconic High Country village, which is why Bright is now one of the hottest cycling destinations in the country.

With the Ovens River flowing right through town, towering alpine peaks surrounding it, incredible autumn colour, many cycle friendly places to eat, drink and stay, there's every good reason to make a beeline for the roads, tracks and trails of Bright.

Whet your riding appetite on the Murray to Mountains Rail Trail starting right in the centre of town and hugging the river to Porepunkah a few kilometres away. Or Pedal to Produce from Bright to tiny, picture perfect Wandiligong. Both are perfect family fare – short distances and mostly flat. Pack a picnic or take a rest stop at the great cafes, farm gates and pubs along the way.

The Mystic Mountain Bike Park on the edge of Bright is a magnet for riders from all around the world who come for the heady mix of old pine forest tracks and new machine engineered trails, including the legendary gravity-focused Hero Trail.

If road cycling is more your speed three of the High Country's 7 Peaks are within striking distance of Bright – Mount Buffalo, Hotham and Dinner Plain.

Visitors can get in some early morning training with the locals at their regular 6am Road Bunch Ride from Monday to Friday.

Bring your own or hire any kind of bike to suit the day – tandem cruisers to electric mountain bikes – from one of several businesses in town. Regular year-round shuttle services are available to get you and your bike to where you want to ride.

For time off the bike, there are plenty of other experiences to soak up around here. Adventure nuts can try paragliding, caving, hiking, kayaking or a Portaledge Picnic suspended 300m above the valley floor. For something more sedate, there are plenty of ways to cool off post-ride, like a dip at the Bright Splash Park or a leisurely downriver float in a tube.

The coffee is outstanding at several very cool cafes, including Sixpence, at 15 Wills Street, where you can drink boutique house roasted coffees or, for something stronger, try the delicious range of gins distilled right there on the very funky premises by Reed & Co. The Bright Brewery's founder and super keen mountain biker, Scott Brandon, knows how to make cyclists welcome. With a beer garden stretching to the banks of the Ovens, this much-awarded craft brewery is perfect for a cold ale after a blistering day in the saddle.

HIGHLIGHTS



A MYSTIC EXPERIENCE

Be a hero! Find out why riders from all over Australia are lining up to tackle the Hero Trail at the Mystic MTB Park. Get a shuttle to the trailhead of this fast and furious track and experience its pure, adrenalin-pumping, nonstop high-speed 3.2km descent through sculpted berms, wooden features and table tops.

visitbright.com.au

PEDAL TO WANDI

Follow the Pedal to Produce map along Morse's Creek from Bright to Wandiligong, a heritage-listed gold rush village in a beautiful hidden valley. Discover a Chinese swing bridge, Diggings Walk, scenic riverside picnic spots, orchards with farm gates offering chestnuts and apples and a sensational pub for lunch or thirst-quenching ale.

victoriashighcountry.com.au



TAKE A SUNRISE CRUISE

Mix an electric bike ride following the Ovens River from Bright, to the Rail Trail Cafe at Porepunkah for a Mexican-themed breakfast followed by a tasting at Ringer Reef cellar door. This unique experience is called Sunrises & Sombreros. Just do it!

ridehighcountry.com.au



**BRIGHT
ELECTRIC
BIKES**

Bike Hire, Tours & Sales

www.brightelectricbikes.com.au
info@brightelectricbikes.com.au

ph. (03) 5755 1309

2 Delany Avenue
 Bright, Victoria

**Cruise the Murray to Mountains Rail Trail in comfort and style
 on an electric bike.**

Our state-of-the-art European designed and made electric bikes make cycling a dream. And best of all, they're road legal and no licence is required.

Visit us online today to discover more about our bike hire options, prices, great value tours and opening hours.

• Hire – In addition to eBikes, we have a large range of quality Hybrid bikes, Amsterdam-style cruisers, Kids MTB's, plus child trailers and tagalongs for younger children.

• Tours – We've put together a selection of mouth-watering self-guided cycle tours that showcase the highlights of the region. Choose from half-day, full-day and multi-day tours.

• Sales – Loved your eBike riding experience so much that you want to take it home? We've got you covered with brand new German designed and made eBikes to give you many years of cycling joy.

3741 Boutique

A premium holiday accommodation agency, providing an exclusive number of luxury and boutique accommodation options to cater for every type of getaway. With an eye for detail and a strong focus on providing all things premium, we will not only look after your accommodation needs during your stay but will assist in providing you with a personalised holiday experience you won't forget.

107 Gavan Street, BRIGHT
 0418 813 971 • reservations@3741boutique.com.au
3741boutique.com.au

Bright Brewery

Bright Brewery is a family owned and solar powered brewery, bar and restaurant located alongside the Ovens River in the heart of beautiful Bright. Relax with 'MountainCrafted' beers while you watch the brewers in action. Enjoy a tasting tray, local wine, cider, coffee, hearty meals, pizza and kids meals. Tours Monday, Fridays, Saturdays. Live music every Sunday afternoon. Free Wi-Fi.

121 Great Alpine Road, BRIGHT
 03 5755 1301 • info@brightbrewery.com.au
brightbrewery.com.au

Bright Electric Bikes

Bright is Australia's premier cycling destination and we'll help you make the most of your visit. Cruise the Rail Trail in comfort and style on an electric bike. Alternatively, choose from our huge range of hybrid bikes, Amsterdam-style cruisers and kids options. We also offer great value, self-guided tours. Visit us online to learn more. Bookings recommended. See you soon!

2 Delany Avenue, BRIGHT
 03 5755 1309 • info@brightelectricbikes.com.au
brightelectricbikes.com.au

Bright Escapes

Bright Escapes & Bright Visitors Centre is an established premier booking agency in Bright, specialising in accommodation, weddings, events and tours. With a vast range of accommodation options, from holiday homes, self-contained units, apartments and B&B's, we cater for cyclists, couples, families and pets. With over 200 listings we can tailor something to suit your needs. Escape to Bright today!

Shop 5/6 Anderson Street, BRIGHT
 1300 551 117 • info@brightescapes.com.au
brightescapes.com.au

Bright Mystic Valley Holiday Units

Four spacious one bedrooms on a three acre property in a peaceful location. Just a short distance from town, we will meet all your accommodation needs for a perfect break in beautiful Bright. Two units are fully renovated and further renovations are planned. The property is at the base of Mystic so easy access to the MTB Park and trail networks. Cleaning area available.

Units 13-17 Mystic Lane, BRIGHT
 03 5750 1502 • contact@brightmysticholidayunits.com.au
brightmysticholidayunits.com.au

3741
 BOUTIQUE



Cyclepath Bright

Located in the heart of town with ample parking, we provide the largest range of bicycle hire in Bright. With extensive knowledge of the local area we can help you tailor your next cycling adventure. Rail Trail, road or mountain bike – we have something for everyone. We also offer sales, accessories, service and repairs as well as transportation and tours.

74 Gavan Street, BRIGHT
03 5750 1442 • info@cyclepath.com.au
cyclepath.com.au



Feathertop Winery

Reward your legs with a stop at Feathertop, one of the most picturesque points on the Murray to Mountains Rail Trail. Let us indulge you with a wine tasting, a pint of craft beer, fresh local espresso or simply relax with a leisurely lunch. Our cellar door, restaurant and provedore is open Friday – Sunday with extended days on school and public holidays.

6619 Great Alpine Road, POREPUNKAH
03 5756 2356 • summitcru@boynton.com.au
feathertopwinery.com.au



GG's By The River

GG's By The River offers luxurious, pet friendly accommodation for couples and families near Bright, Victoria. With your own private river frontage, immerse yourself in the tranquillity of nature and be in the perfect position to access the region's best attractions. Whatever you need to recharge your soul, that's what you will find at GG's By The River.

6132 Great Alpine Rd, EUROBIN
0407 242 789 • stay@ggsbytheriver.com.au
ggsbytheriver.com.au



Ginger Baker Wine & Food

Positioned adjacent to the Ovens River in Bright, Ginger Baker cafe and wine bar offers its guests garden and nature views. Open for breakfast, lunch and dinner, there is a healthy and well-crafted selection of dining choices including quality breakfasts and seasonal share-plates for lunch and dinner. We welcome you to join us at Ginger Baker.

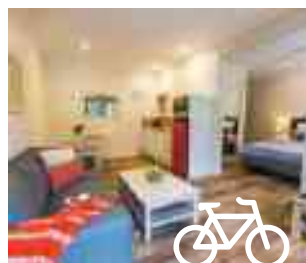
127 Great Alpine Road, BRIGHT
03 5755 2300 • gingerbakerbright@gmail.com
gingerbaker.com.au



Holiday Bright Official Site

Five award-winning properties to choose from, all walking distance to town. Varying in size from stylish studios for two, to five bedroom/five en suite houses sleeping ten. We have swimming pools, en suites, king size beds and log fires. Linen, towels and Molton Brown toiletries and free Wi-Fi included at all properties. Most are pet friendly. From \$195 per night.

Halinka Court, BRIGHT
0408 476 046 • falcke@ecn.net.au
holidaybright.com.au



BRIGHT BREWERY

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Solar Powered Brewery & Bike Hub!

SEASONAL MENU WITH HEARTY DISHES
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Bright Brewery is a family owned brewery, bar, restaurant and bike hub, located in the heart of Bright.

Kick back on the Hop Terrace overlooking the Ovens River parklands and playground. Try a tasting tray to sample our range; see behind the scenes with a Brewery Tour.

Park your bike and enjoy a great atmosphere for the whole family.










OPEN 7 DAYS, 11AM 'TIL LATE

LUNCH 12PM-3PM ✕ DINNER FROM 5:30PM ✕ KIDS MENU AVAILABLE

LIVE MUSIC EVERY SUNDAY AFTERNOON ✕ FREE WIFI ✕ SMOKE FREE VENUE

121 Great Alpine Road, Bright

t: 03 5755 1301 ✕ e: info@brightbrewery.com.au






@BRIGHTBREWERY

WWW.BRIGHTBREWERY.COM.AU



3741 BOUTIQUE

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Offering a unique & personalised service for **Premium Accommodation** in Bright & Surrounds.

All of our Properties are proudly Cycle Friendly and cater for every type of cyclist.

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little bit
curious?

CHECK US OUT ON



enquiries & reservations:

0418 813 971

reservations@3741boutique.com.au

www.3741boutique.com.au

A division of B.J Alexander Pty Ltd t/a Alexander's First National Real Estate



Our Place
-@BRIGHT-

A luxury haven of four stunning holiday homes set in beautifully landscaped surrounds, right in the heart of Bright.

Designed specifically for groups of friends and family to holiday together, enjoying awesome indoor and outdoor entertaining areas, whilst not compromising on luxury and private space.

With the option to book any or all of the homes - there's beds for up to 28 people across 12 bedrooms and 4 homes.



- Bike wash bay
- Private lockable bike storage
- Walk to restaurants & shops
- Close to Rail Trail
- Meet up main road address
- Group outdoor dining

60 Gavan St, Bright | ourplaceatbright.com.au | T: 0418 813 971

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STREET
BRIGHT, VIC, 3741
T 03 5755 1366

www.alpinehotelbright.com.au



Mountain View Holiday Retreat

Mountain View Holiday Retreat is located in beautiful Harrietville at the base of the Alpine National Park. Accommodation from one person up to 100 people. Fully equipped kitchen, large dining / lounge area, outdoor spa and BBQ area. The Retreat is bike friendly, offering a wash bay and a secured area for your bike.

194 Great Alpine Road, HARRIETVILLE
03 5759 2530 • bookings@mountainviewretreat.com.au
mountainviewretreat.com.au



Nightingale Bros Alpine Produce Store

A short 5km ride from Bright, the Nightingale Bros produce store brings the region's freshest produce direct from the grower to you. Stock up on fresh apples, seasonal fruits, locally produced jams, chutneys, gift hampers and more or rest tired legs while soaking up the picturesque orchard setting with an ice cream or Nightingale's Pink Lady cider in hand.

708 Morses Creek Road, WANDILLIGONG
03 5755 1318 • nightingale.bros@bigpond.com
nightingalebros.com.au



Our Place at Bright

A luxury haven of brand new holiday homes set in beautifully landscaped surrounds, just steps from the gorgeous town of Bright. Our Place at Bright provides an outdoor experience like no other, providing the necessities for every type of cyclist including communal bike wash bay, as well as a secure storage area in each home to store your bike or other recreational gear.

60 Gavan Street, BRIGHT
0418 813 971 • stay@ourplaceatbright.com.au
ourplaceatbright.com.au



Ovens Valley Motor Inn

Stay... and be nurtured at this Victorian Tourism Award-winning property in Bright by the Rail Trail. Environmentally friendly – 24 beautifully renovated guest rooms – free bicycle hire – solar heated pool and spa – tennis court – free Wi-Fi – sauna – BBQ area.

2 Ashwood Avenue, BRIGHT
03 5755 2022 • info@ovensvalleymotorinn.com.au
ovensvalleymotorinn.com.au



Porepunkah Bridge Holiday Park

At the foot of the majestic Mount Buffalo, Porepunkah Bridge Holiday Park offers a natural, tree lined environment where the Ovens River runs through the park. A beautiful park that provides all the modern amenities, with accommodation consisting of camp sites and a full range of cabins. Also includes free Wi-Fi, bike hire, camp kitchen, pet friendly and more.

36 Mount Buffalo Road, POREPUNKAH
03 5756 2380 • info@porepunkahbridge.com.au
porepunkahbridge.com.au



Porepunkah Pub

We are excited to have re-established this vibrant meeting place that has been an institution for over 100 years. Located right on the Rail Trail, we have gathered a team of like-minded staff who share a passion for the local area together with great food, local wines and a superb range of craft beers, all combined with our cycle friendly accommodation. See our website for seasonal opening times.

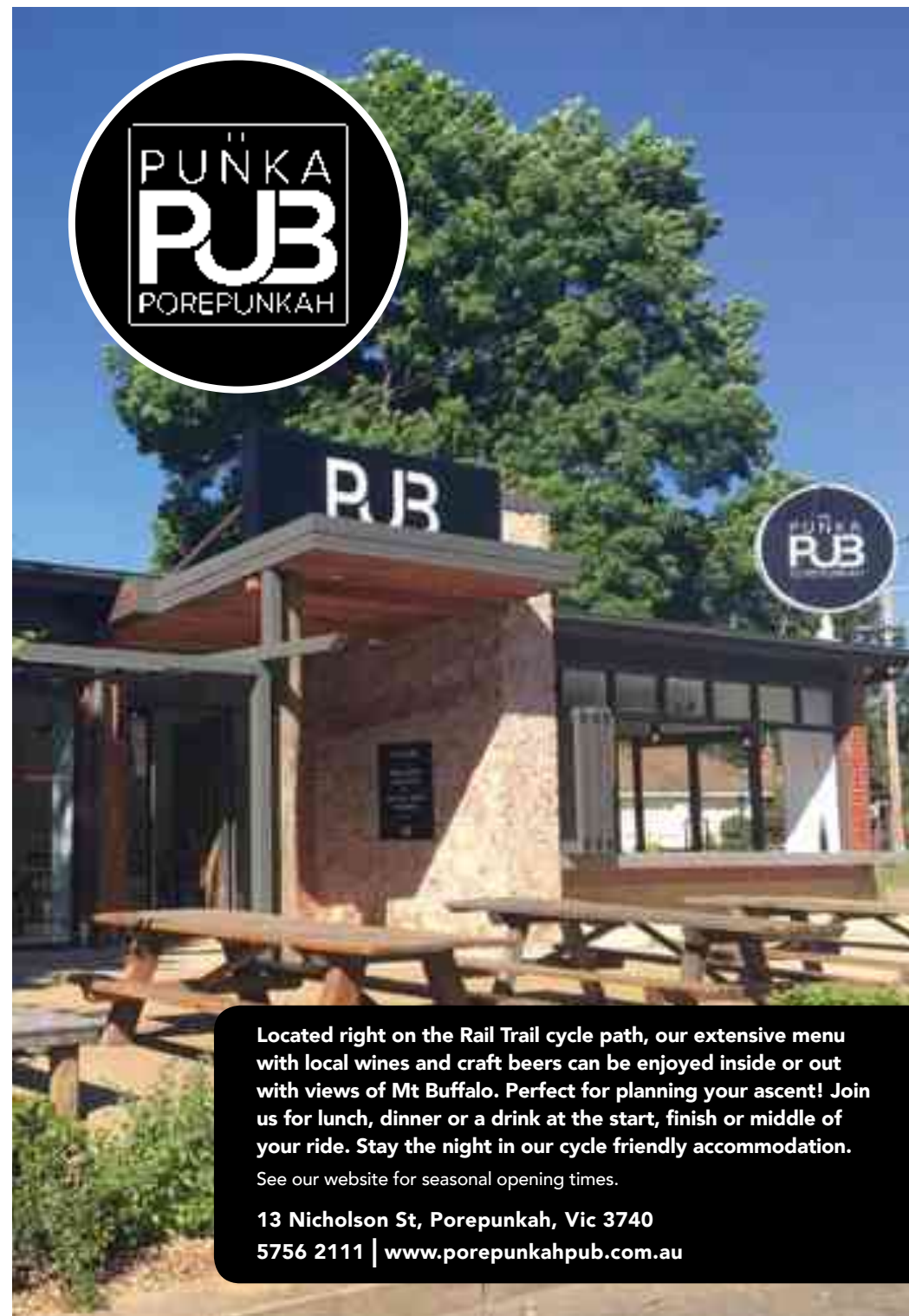
13 Nicholson Street, POREPUNKAH
03 5756 2111 • drink@porepunkahpub.com.au
porepunkahpub.com.au



Rail Trail Cafe

Six km from Bright on the Murray to Mountains Rail Trail, we're a licensed cafe serving all day breakfast, lunch and scrumptious baked goods. We use free-range eggs and superb locally roasted coffee. Try our nachos, quesadillas or famous breakfast burritos. Pet and family friendly with bike racks, high chairs and welcoming smiles! Accommodation packages now available.

2 Service Street, POREPUNKAH
0428 359 884 • info@railtrailcafe.com.au
railtrailcafe.com.au



Located right on the Rail Trail cycle path, our extensive menu with local wines and craft beers can be enjoyed inside or out with views of Mt Buffalo. Perfect for planning your ascent! Join us for lunch, dinner or a drink at the start, finish or middle of your ride. Stay the night in our cycle friendly accommodation.

See our website for seasonal opening times.

13 Nicholson St, Porepunkah, Vic 3740
5756 2111 | www.porepunkahpub.com.au

Ringer Reef Winery

Ringer Reef is a small winery, vineyard and cellar door located in the Alpine Valleys region of Victoria. The property fronts the Great Alpine Road, with spectacular views across the Buckland Valley, and Mount Buffalo, in the town of Porepunkah. Just 6kms away from the township of Bright. A range of wines are handmade and bottled on-site.

6835 Great Alpine Road, POREPUNKAH
03 5756 2805 • cellardoor@ringerreef.com.au
ringerreef.com.au



Rooms & Brooms Accommodation

Rooms & Brooms are a local accommodation service providing quality accommodation in Bright and surrounds. We cater for individuals, couples, family and group getaways in our range of cottages and houses. We even have pet friendly options. Let us ensure your holiday meets your expectations, and let us guide you towards rides that suit your skills and requirements.

22A Ashwood Avenue, BRIGHT
0413 639 025 • info@roomsandbrooms.com.au
roomsandbrooms.com.au



The Kilns

Staying at the kilnhouses is a unique experience – contemporary luxury within architecturally designed spaces derived from original tobacco drying sheds. Three houses – Cavedon's, Chinaman's and The Sorting Shed have spectacular views of Mount Buffalo and Feathertop with grape vines and sleek Black Angus cattle in the foreground.

Cavedons Lane, POREPUNKAH
0400 733 170 • stay@kilnhouse.com.au
kilnhouse.com.au

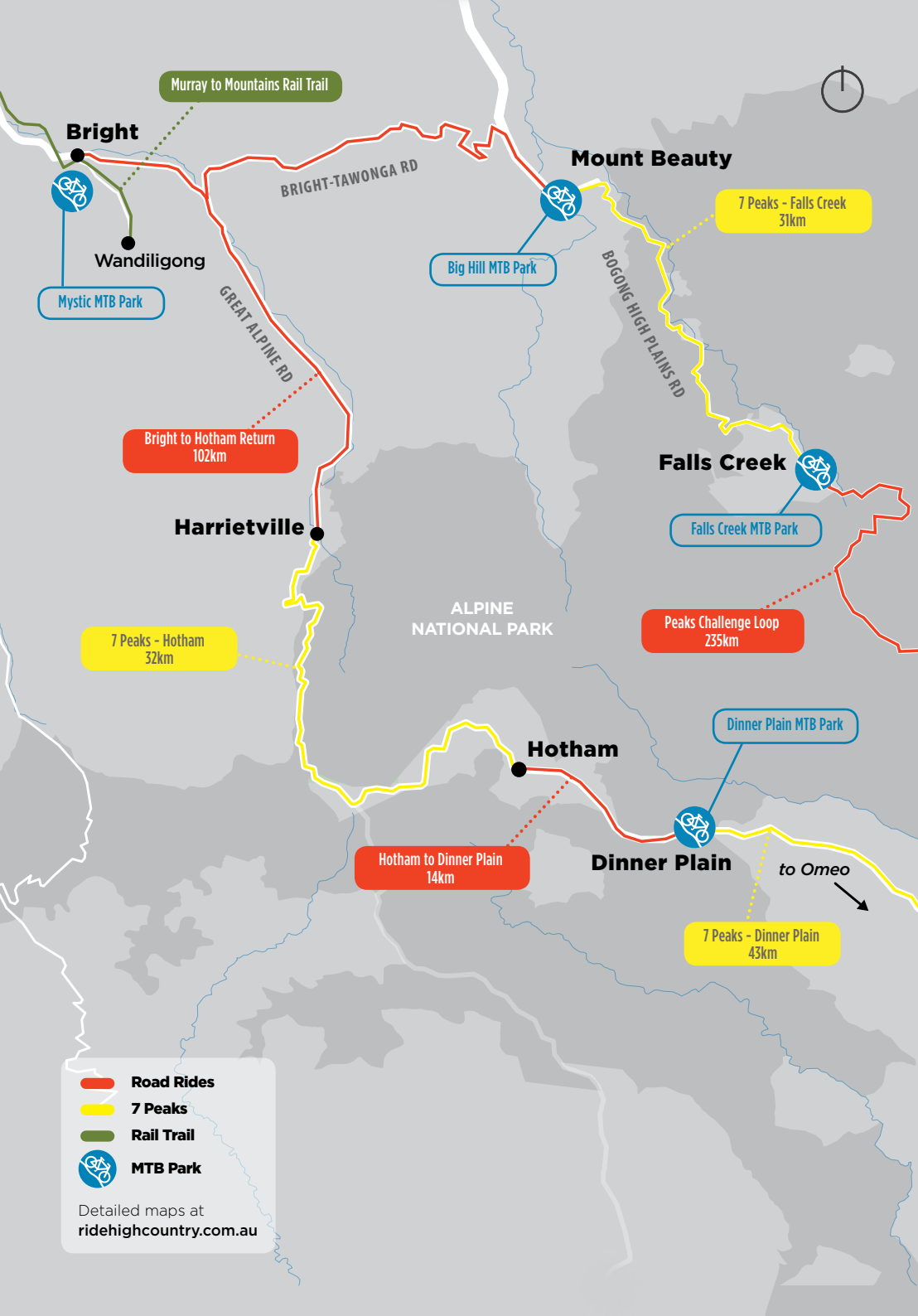


Wandiligong Hotel Wandipub

Rustic old country pub with delicious, locally sourced food and huge range of beers, spirits and local wines. Voted Number 1 Pub in Regional Victoria by Time Out Magazine. Live music in the beer garden every Sunday.

580 Morses Creek Road, WANDILIGONG
03 5750 1050 • wandiligonghotel@gmail.com
thewandipub.com





DINNER PLAIN & HOTHAM



When winter gives way to spring sunshine, and wildflowers instead of snow cover the landscape, Dinner Plain and Mt Hotham transform into challenging and fun green season playgrounds for cyclists with altitude. These alpine destinations are two of the 7 Peaks road cyclists love to conquer. They offer unique riding experiences – whether tackling the long and windy Great Alpine Road climb up from Harrietville or cruising the network of MTB trails when you reach the top. There is literally nowhere like Dinner Plain anywhere else in Australia – the whole village is an architectural masterpiece of sustainably built houses that blend in with the surrounding snow gum forests. There are great places to eat, drink and stay year-round and even

the apres-ride ale here is special as it's actually made in the village at Blizzard Brewery, the highest altitude craft brewery in the country.

After a hard day's grind up the mountain or shredding the cross country loops, there's the Onsen Spa Retreat to soak and possibly fall asleep in. Hotham is also great for days on and off the bike. Like Dinner Plain, it has many trails to ride, hike and run, mountain cattleman's history to explore, or incredible, 'shareworthy' sunset views to photograph and make your city-bound mates wish they were there too.

Throughout the season the resorts have a calendar of cycling and other events – in case you needed another reason to sneak away for a few days.

HIGHLIGHTS



CONQUER THE PEAKS

Tackle two of the 7 Peaks from both sides of the spectacular Great Alpine Road. Start in Harrietville for the tough 32.4km ascent of Hotham and be rewarded with incredible panoramic views. Start in Omeo on the other side of the mountain to climb the 42.8kms to Dinner Plain.

7peaks.com.au

BE COOL

When the summer heat kicks in, head for the hills where the temperature's always several degrees more bearable. Book a place for few days at Dinner Plain and when you're ready to give the bike a rest, give walking a try. The 9km return hike via the Dinner Plain Track to Precipice Plain offers a cracking view to the Dargo High Plains and beyond.

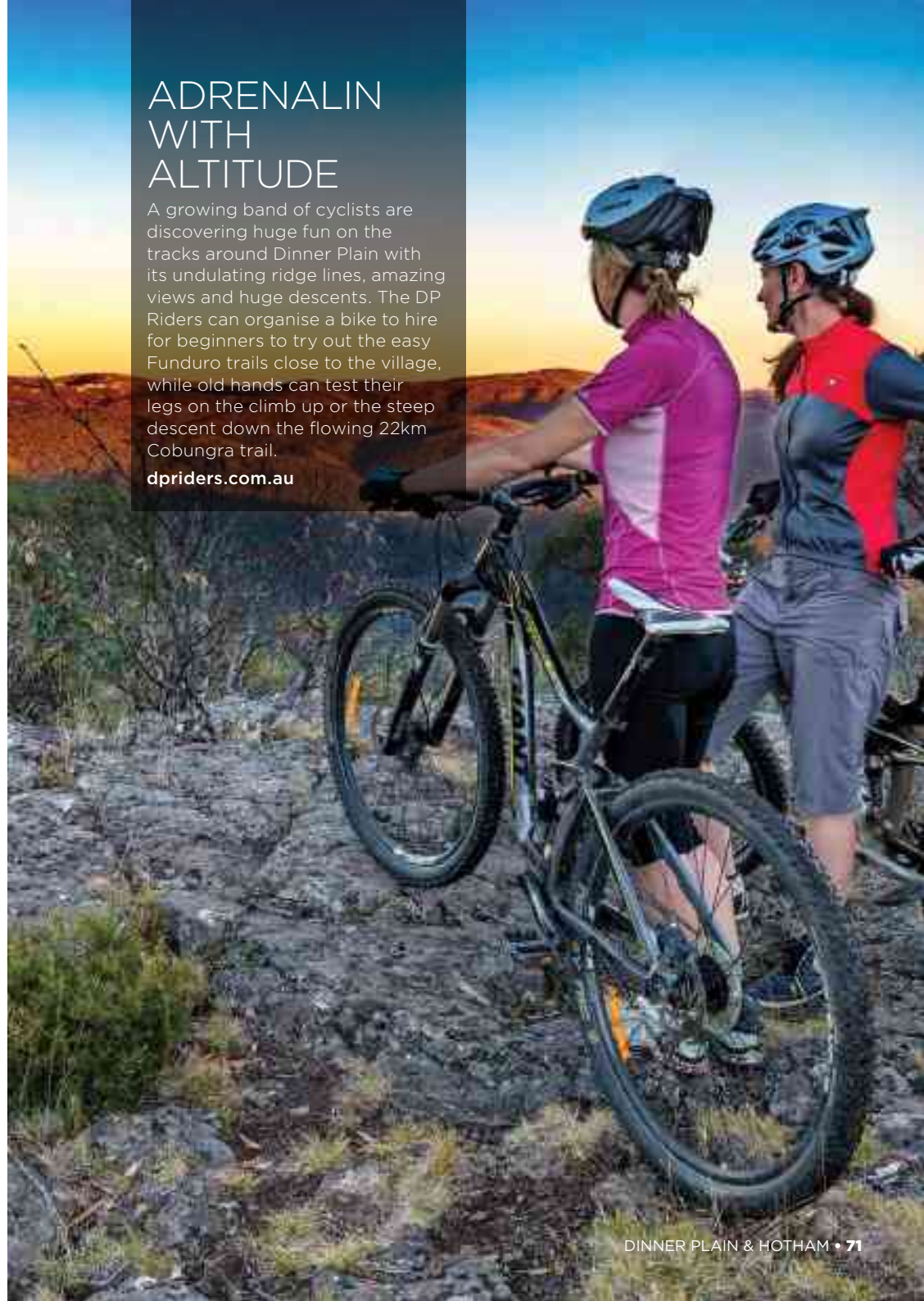
visitdinnerplain.com.au



ADRENALIN WITH ALTITUDE

A growing band of cyclists are discovering huge fun on the tracks around Dinner Plain with its undulating ridge lines, amazing views and huge descents. The DP Riders can organise a bike to hire for beginners to try out the easy Funduro trails close to the village, while old hands can test their legs on the climb up or the steep descent down the flowing 22km Cobungra trail.

dpriders.com.au



Blizzard Brewing Company

Welcome to Australia's highest brewery; situated at an altitude of 1550 metres just off the Great Alpine Road in the Victorian Alps at Dinner Plain. We brew with the purest water in Australia: snow-melt sourced from High Country aquifers. Come enjoy a brewery tour and the taste of fresh liquid powder in an alpine setting that crafts Beer Above All.

5 Cattle Pen Drive, DINNER PLAIN
0417 335 548 • mark.hubbard@blizzardbrewing.com
blizzardbrewing.com



Dinner Plain Alpine Village

Whether covered in snow or bursting with alpine wild flowers during our refreshing summers, escape to your own private mountain home in Dinner Plain any time of year. Explore waterfalls, mountain views, ride or walk our snow gum-lined trails, enjoy our restaurants and cafes or just relax in your alpine chalet.

Great Alpine Road, DINNER PLAIN
03 5755 0555 • info@visitdinnerplain.com
visitdinnerplain.com



Hotel High Plains

Hotel High Plains prides itself on its hospitality for cycling enthusiasts. Situated in Dinner Plain, it is the perfect place to stay in one of our 18 recently refurbished studio apartments and dine in our award-winning Stones Throw restaurant. Indoor storage for bikes, group transfers, drying rooms and specific menu design are additional services.

25 Big Muster Drive, DINNER PLAIN
03 5159 6324 • info@hotelhighplains.com
hotelhighplains.com.au



The General Mt Hotham & Mountain Dreaming Apartments

The General and Mountain Dreaming apartments sit atop Mt Hotham. Traverse the top of the mountain range, surrounded by vistas of endless mountain peaks and valleys. Getting to us is not for the faint hearted. Open seven days a week from 9am for lunch, dinner, healthy snacks and convenience store. We are part of the cycle friendly business revolution.

96 Great Alpine Road, MT HOTHAM
03 5759 3523 • generalstore@bigpond.com
thegeneral.com.au



Epic road climbs, alpine single track or gentle scenic trails – you'll want to stay to explore it all.

Discover Dinner Plain Alpine Village at **visitdinnerplain.com**



FALLS CREEK

An outstanding ski resort in winter, this gorgeous alpine village is also the total package for cyclists chasing epic road climbs, altitude training, incredible views, killer events and some of the best single-track flow experiences anywhere on the planet.

Falls Creek is a favourite among 7 Peaks challengers, offering road cyclists a steep 31km climb to the cycle friendly village 1650m up from the valley below. It's also the jumping off point for the 235km Alpine Loop, featured in The Peaks Challenge, with a distance and gradient on a par with the longest stage of the Tour de France.

Mountain bikers who have never experienced the Flowtown MTB descent at Falls will think they've died and gone to heaven. This unbroken 10km descent of 525m from the Summit to the Ticket Box is a nonstop

roller-coaster of flowing berms, wide bridges and massive rollers.

The village is super cycle friendly with gravity shuttles, tours and skills lessons, and a range of welcoming places to stay to suit any budget. It also has a number of on-site rental outlets offering gear, specialised bikes and bike tech – all you need for a fully equipped ride, not to mention great coffee and food. Off the bikes, Falls Creek is a stunning place to hike or run the trails, with panoramic views to the horizon through endless fields of native flowers and snow gums.

There's Rocky Valley Lake for a cool off or a kayak when the temperature's soaring in the valleys, and to round off an awesome day at Falls there are unforgettable sunsets from the Summit with a cold beer or glass of bubbles.

● Road Rides
● 7 Peaks
● MTB Park

Detailed maps at
ridehighcountry.com.au

HIGHLIGHTS



TEST YOUR METTLE

Test your fitness and give your competitive streak a workout at several high intensity cycling events throughout the year, including the unique winter race, the mass start McKayos Snow Dirt Road Enduro, a 23km, 1750m descent from Falls to Bogong Village.

fallscreek.com.au

FIND YOUR FLOW

The easy and scenic 4.5km Aqueduct Trail is a great way for newcomers to get their mountain biking legs before exploring the 40km plus machine built single-track of mostly blue and green trails in the Falls MTB Park. Get that under your belt and strap yourself in for the ride of your life on the 10km unbroken Flowtown gravity trail.

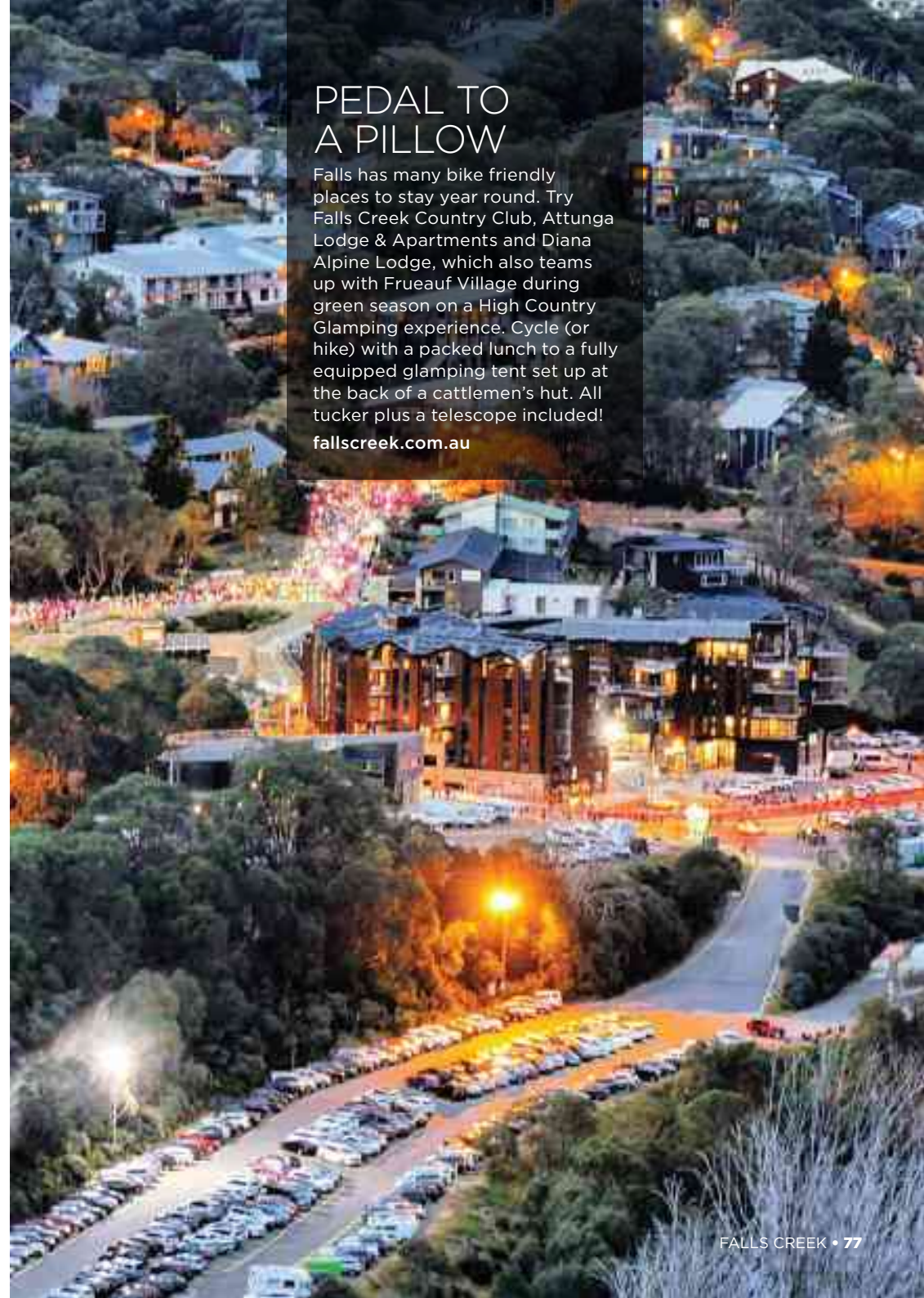
ridehighcountry.com.au



PEDAL TO A PILLOW

Falls has many bike friendly places to stay year round. Try Falls Creek Country Club, Attunga Lodge & Apartments and Diana Alpine Lodge, which also teams up with Frueauf Village during green season on a High Country Glamping experience. Cycle (or hike) with a packed lunch to a fully equipped glamping tent set up at the back of a cattlemen's hut. All tucker plus a telescope included!

fallscreek.com.au





In 2017 riders were asked what appeals to them most about Victoria's High Country. They said Falls Creek...
Yeah, we get that.

falls creek.com.au/mtb

Attunga Falls Creek

Known for having some of the best, unhindered views across the Kiewa Valley and to Mt Spoin Kopje from our lounge bar and restaurant. Attunga Lodge offers both self-catered apartment accommodation as well as hotel and lodge style B&B rooms. Attunga has everything that you need for a short weekend or a stay of weeks, both in summer and winter.

10 Arlberg Street, FALLS CREEK
03 5758 3255 • office@attungalodge.com.au
attungalodge.com.au



Diana Alpine Lodge

Eat, drink, play and stay at Diana Lodge cycle friendly accommodation. Enjoy views from the balcony, a drink from the bar or relax your muscles in the spa. Fully catered, we take care of your meals so you can spend more time riding. Private rooms to suit both couples and groups.

6 Falls Creek Road, FALLS CREEK
03 5758 3214 • bookings@dianalodge.com
dianalodge.com



Falls Creek Country Club

Stay in one of 68 self-contained studio, one, two and three bedroom apartments, suites or penthouses with full kitchen facilities and catering for up to 10 guests. Most apartments have stunning views over the High Plains and Kiewa Valley. Facilities include indoor heated pool and spa, complimentary Wi-Fi with bike storage and a wash area.

7 Bogong High Plains Road, FALLS CREEK
03 5758 3391 • enquiries@falls creekcountryclub.com.au
falls creekcountryclub.com.au



Cedarwood

APARTMENTS

Bike friendly
Cedarwood is centrally located within the village with excellent ride in ride out access both on road and mountain bikes plus a bike wash area out front. We have self-contained apartments (with cooking), & studio (no cooking), and all with private balconies & BBQs.



11 Schuss St, Falls Creek, Victoria
www.cedarwoodfalls creek.com
info@cedarwoodfalls creek.com

Falls Creek Mountain Bike Park

Falls Creek Mountain Bike Park has over 40kms of machine-built singletrack winding through serene snow gums in brilliant alpine terrain. Falls Creek is the rider's mountain. Shuttles operate every weekend and all trails start and finish in the resort, descents matched by a technical uphill back to the top. Easy cruiser, fun flowing or feature-packed all-mountain bash: we've got it.

Bogong High Plains Road, FALLS CREEK
03 5758 1200 • info@falls creek.com.au
falls creek.com.au



Milch Cafe Bar

Hiding in the back of Falls Creek village, Milch is the perfect place to unwind after a hard ride. Excellent coffee, craft beers, boutique wines, home made treats and fresh, wholesome food. We pride ourselves on using local ingredients. Open mid December – end January seven days, BLD. Open for Peaks Challenge, Easter and school holidays. Call for more info.

4 Schuss Street, FALLS CREEK
03 5758 3407
milchcafebar@gmail.com



FALLS CREEK COUNTRY CLUB

– a great location, feel relaxed and comfortable

- We have 68 self-contained studio, 1, 2 & 3 Bedroom Apartments, Suites or Penthouses
 - Stay from \$125 per night (double/twin share studio)
- Every apartment has full kitchen facilities and can cater for up to 10 guests.
- Most apartments have stunning views over the High Plains and Kiewa Valley.
- Facilities include indoor heated pool and spa, half court tennis court, guest laundry and complimentary Wi-Fi.
- We have secure bike storage and a wash area for mountain and road bikes.



MANSFIELD & MT BULLER

There are a million reasons why the village of Mansfield and its all-seasons playground neighbour, Mt Buller, are bucket list destinations for riders. The distance from Melbourne makes for an easy getaway that combines the possibilities of adrenalin-pumping adventure with great food, wine, local brew and loads of places to stay. When you arrive there are outstanding experiences to suit any type of cycling, on- or off-road, including the Great Victorian Rail Trail, the longest in Australia, which starts in Mansfield. Mt Buller is home to several amazing trails, including the legendary Epic MTB trail, the only one of its class in the country, which drops 1000m through the snow gums to the valley floor. And for road riders, there's the tough individual challenge of mastering one of the official 7 Peaks.

Both Buller and Mansfield welcome cyclists with open arms. There are places to hire, regular shuttles up Mt Buller and nearby Mt Stirling, tours, skills clinics and a ton of events. When you're ready for a break from the bike there's also horse riding, trail running, bushwalking and camping, as well as mighty rivers to swim in and picnic by. Close to Mansfield is Lake Eildon, a summertime hotspot for houseboating, fishing, swimming and waterskiing. There's plenty on and off the mountain to tempt the palate. Check out the house roasted brews at Mansfield Coffee Merchant to start the day off right, there's also great food to eat in or you can fill your backpack with delectable goods from The Produce Store and enjoy a beer at the end of the day at The Delatite Hotel.

HIGHLIGHTS



IT'S THE BOMB!

Mt Buller's winter ski runs transform into a green season mountain biker's dream. Strictly for intermediate to advanced riders, head for Australia's only Epic Trail for an endless wild endurance ride of 40kms from top to bottom. Or check out the fast flowing 12km Delatite River Trail, take a dip and a tip from the locals – who stash their beers at the bottom!

bike.mtbuller.com.au

PEDAL TO PICNIC

Pack a picnic at the Mansfield Farmers Market (run on the fourth Saturday of the month) or get the Produce Store to pack one for you and cycle the scenic 22km leg from Mansfield via the Mullum Wetlands to Bonnie Doon on the shores of Lake Eildon on the Great Victorian Rail Trail.

greatvictorianrailtrail.com.au



PEAK CYCLING

Strength, endurance and amazing views best describe the 7 Peaks climb from Mirimbah near Mansfield to the alpine village at Mt Buller 15kms away. Conquer this one and when you catch your breath you'll be raring to get stuck into the other six!

7peaks.com.au



Bike Buller Recommends

Bike Buller Recommends accommodation houses welcome riders and provide essential rider's equipment including bike wash and storage. Bike Buller Recommends hosts will be able to give you the heads up on where to ride, give you a spot to store your bike, chat all things bike and make you and your wheels welcome!

Various locations, MT BULLER

03 5777 6077 • info@mtbuller.com.au

bike.mtbuller.com.au/bike_friendly.php



Mansfield Regional Produce Store

We look forward to welcoming you to The Produce Store. For over 10 years we have been keeping cyclists smiling and satisfied with good coffee, great food and a store full of gourmet goodies, eclectic art and regional wines. Look for our 120-year-old building, just down from the local bike shop.

68 High Street, MANSFIELD

03 5779 1404 • info@theproducestore.com.au

theproducestore.com.au



Mansfield Zoo

Home to over 100 friendly native and exotic animals – many of whom visitors can feed including monkeys, deer, kangaroos, etc. See Victoria's only white African lions, with feature feeding on weekends and Victorian holidays all year round (7pm on NYE). Camp overnight from September to May (additional fees apply – booking essential).

1064 Mansfield Woods Point Road, MANSFIELD

03 5777 3576 • info@mansfield.com.au

mansfieldzoo.com.au



Mirimbah Store

Mirimbah: country rustic at its best. Cafe, mountain bike shuttles, groceries and fuel. At the base of Mt Buller, warm hospitality, irresistible coffee, homemade cakes and pies, as well as the best egg and bacon roll in the area! Outdoor area looking over the Delatite River that is bike and animal friendly.

Mt Buller Road, MIRIMBAH

03 5777 5529 • enquiries@mirimbah.com.au

mirimbah.com.au



The Delatite Hotel - Accommodation

Stay in the heart of Mansfield, close to the Rail Trail. You'll enjoy a real guest house experience with big lounges, good coffee, a shady courtyard and space to work on your bikes. Lockable bike storage shed, good showers and range of rooms to suit any group. Online bookings, or call for groups.

95 High Street, MANSFIELD

03 5775 2004 • hoteldelatite@gmail.com

thedelatitehotel.com.au





REAL MOUNTAIN BIKING

Mt Buller Bike Park offers a range of experiences for all levels of rider, from the epic challenge of the infamous 41km Australian Alpine Epic, to the much-lauded 10km endurance trail Stonefly, to the delightful descent of the Delatite River Trail.

Riders will find a real mountain adventure with over 120km of world class XC trails, 4 chairlift assisted DH trails and 2 flowdown trails, which means there's more riding than you can fit in a day!

So grab your mates, chose a bed at any of our Bike Buller Recommends accommodation venues, check-in for a few days, and check it all out.

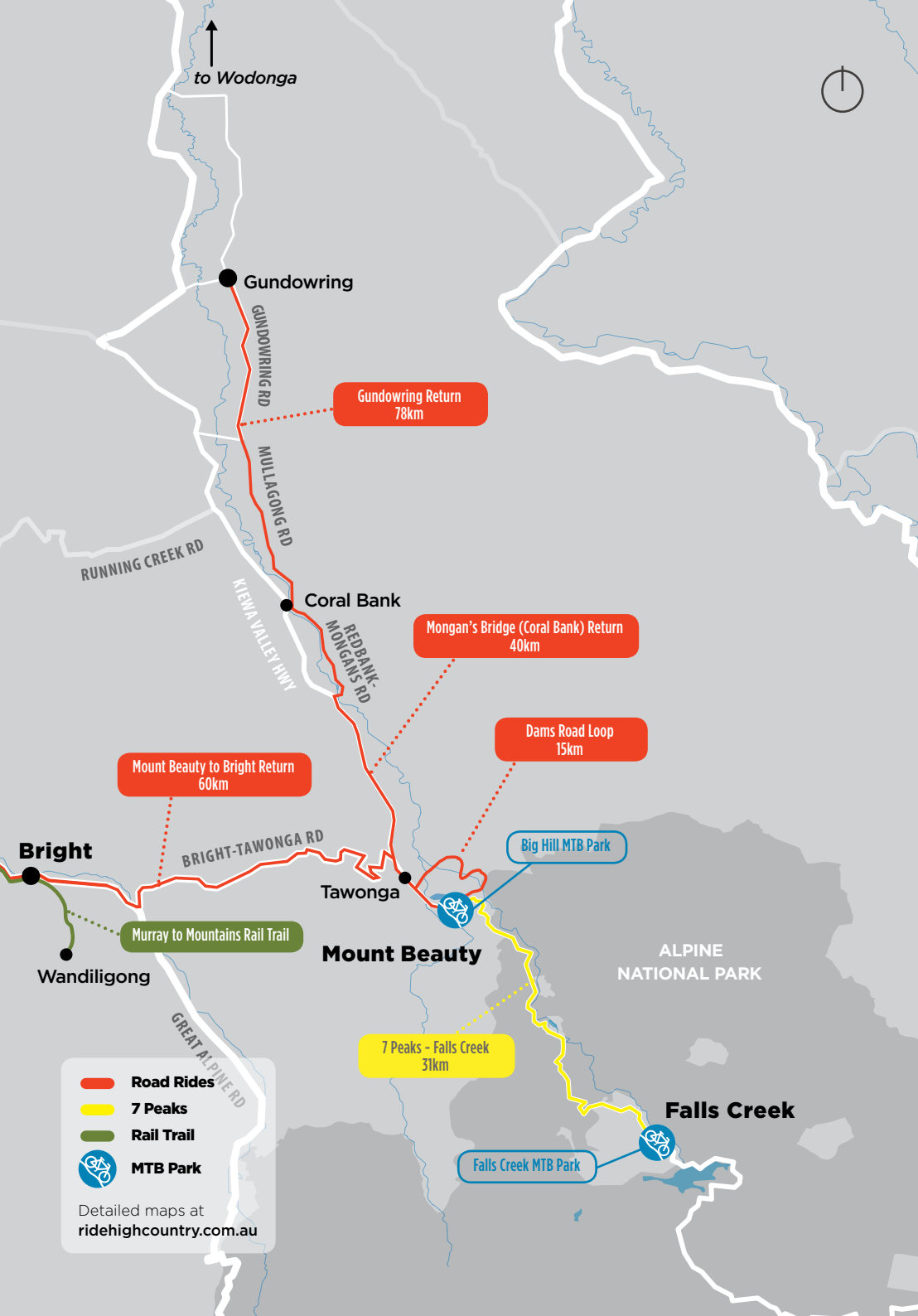
Bike Buller – real mountain biking.
bike.mtbuller.com.au

The Delatite Hotel - Bistro

Proud to be a TripAdvisor favourite, we hope to make your visit special too. From pub classics and tasty vego dishes through to wicked desserts – there'll be something for you. Relax in our shady courtyard and share your travel tales over coffee or a cold Coopers. Free Wi-Fi to share your best pic. Check our Facebook page for live music info.

95 High Street, MANSFIELD
03 5775 2004 • hoteldelatite@gmail.com
thedelatitehotel.com.au





MOUNT BEAUTY



The bikes might have changed but the hand-built tracks at Mount Beauty, some of the oldest in Australia, still offer mountain bikers the same huge fun they always have since pioneering locals carved them into the hillsides in the 1980s.

This long association with cycling makes this pretty town on the Kiewa River, right at the foot of Mount Bogong, a riding haven – not just for its Big Hill MTB Park trails but for road cyclists as well since Mount Beauty is the jumping off point for the 7 Peaks ascent of Falls Creek.

Apart from its impressive cycling credentials, Mount Beauty's location and geography have made it the epicentre of all kinds of outdoors activities. In winter, it's a great off-

mountain base for snow sports, but during the warm months, people come here to ride horses, to cast a fly in the Kiewa, to hike up Mount Bogong, walk to Fainters Falls, swim at the popular Pondage or barbeque with mates by the river.

To fuel up there are several great bakeries, cafes, pubs and restaurants and one of the original High Country Brewery Trail breweries, Sweetwater, with its cracking view of Bogong and range of house-made ales.

While you're in the neighbourhood, don't miss the spectacular drive (no, make that cycle) to Bright via the Tawonga Gap lookout for an incredible view of the Alps.

HIGHLIGHTS



BIG HILL, BIG THRILLS

The Big Hill MTB Park has more than 40kms of quality XC and downhill tracks to suit any level. Try out local favourite the Yellow Loop, a challenging 10km XC trail that traverses the park, throwing up plenty of variety, from technical challenges to fast and flowy.

tmb.org.au

SCALE THE HEIGHTS

Now you've warmed up, take on the 7 Peaks challenge of riding the tough 30.9km, 1180m climb via the Bogong Alpine Way from Mount Beauty to Falls Creek. Apart from gaining huge personal satisfaction, there are magic views along the way of Victoria's highest mountain – Mount Bogong, waterfalls, rivers and tall timbers.

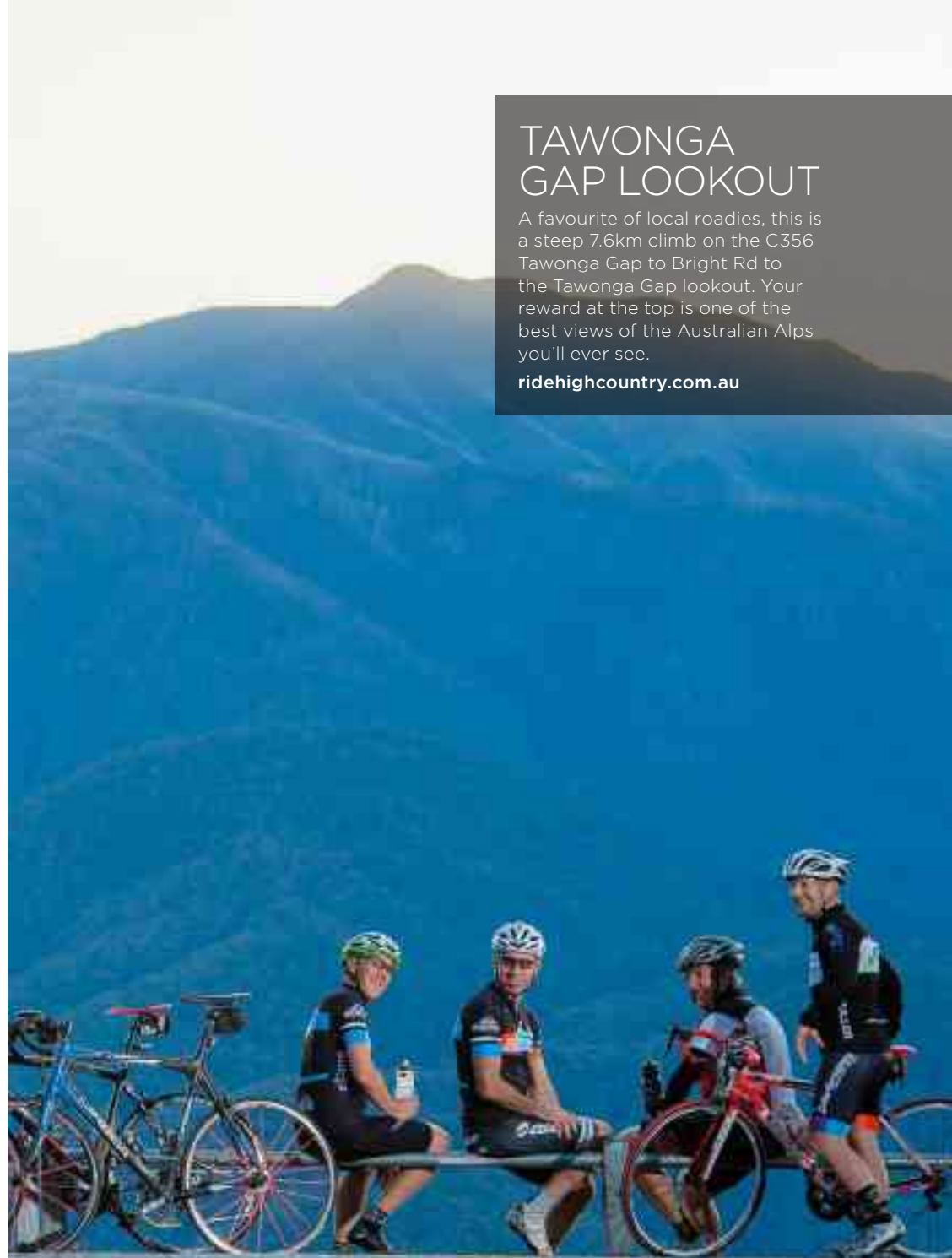
7peaks.com.au



TAWONGA GAP LOOKOUT

A favourite of local roadies, this is a steep 7.6km climb on the C356 Tawonga Gap to Bright Rd to the Tawonga Gap lookout. Your reward at the top is one of the best views of the Australian Alps you'll ever see.

ridehighcountry.com.au





Energise Adventures

We are a mountain bike tour and shuttle provider based in Wodonga. We offer guided rides and transport in bike parks, along Rail Trails, and for Epic Back Country rides. We also offer beginner and intermediate mountain bike skills instruction. We love providing a personalised experience. Talk to us about how we can tailor an experience to your wishes.

20 Maxwell Drive, WODONGA
0412 323 841 • info@energiseadventures.com.au
energiseadventures.com.au



Rocky Valley Bikes & Snow Sports

Mount Beauty's Bike Hub: the place for all your cycling needs including hire bikes, bike accessories, mechanic, local knowledge and, of course, great coffee. Bike tours now available, see our website for details.

226 Kiewa Valley Hwy, TAWONGA SOUTH
03 5754 1118 • info@rockyvalley.com.au
rockyvalley.com.au



Sweetwater Brewing Company

The Sweetwater Brewery Bar is the ideal location to relax after your Ride High Country cycling adventure – road cycling, mountain biking or trail cruising. Hanging your bike on the beer keg bike rack and relaxing in the brewery with our great on-site brewed craft beers is not to be missed. Our view from the beer garden is one of the High Country's finest.

211 Kiewa Valley Hwy, TAWONGA SOUTH
03 5754 1881 • info@sweetwaterbrewing.com.au
sweetwaterbrewing.com.au



Insurance that benefits everyone who rides

Become a member to help make our voices stronger when pushing for better bike riding conditions. You'll also get:



Medical coverage



Income protection



Third party coverage



Legal support



Riders' rights



Member benefits

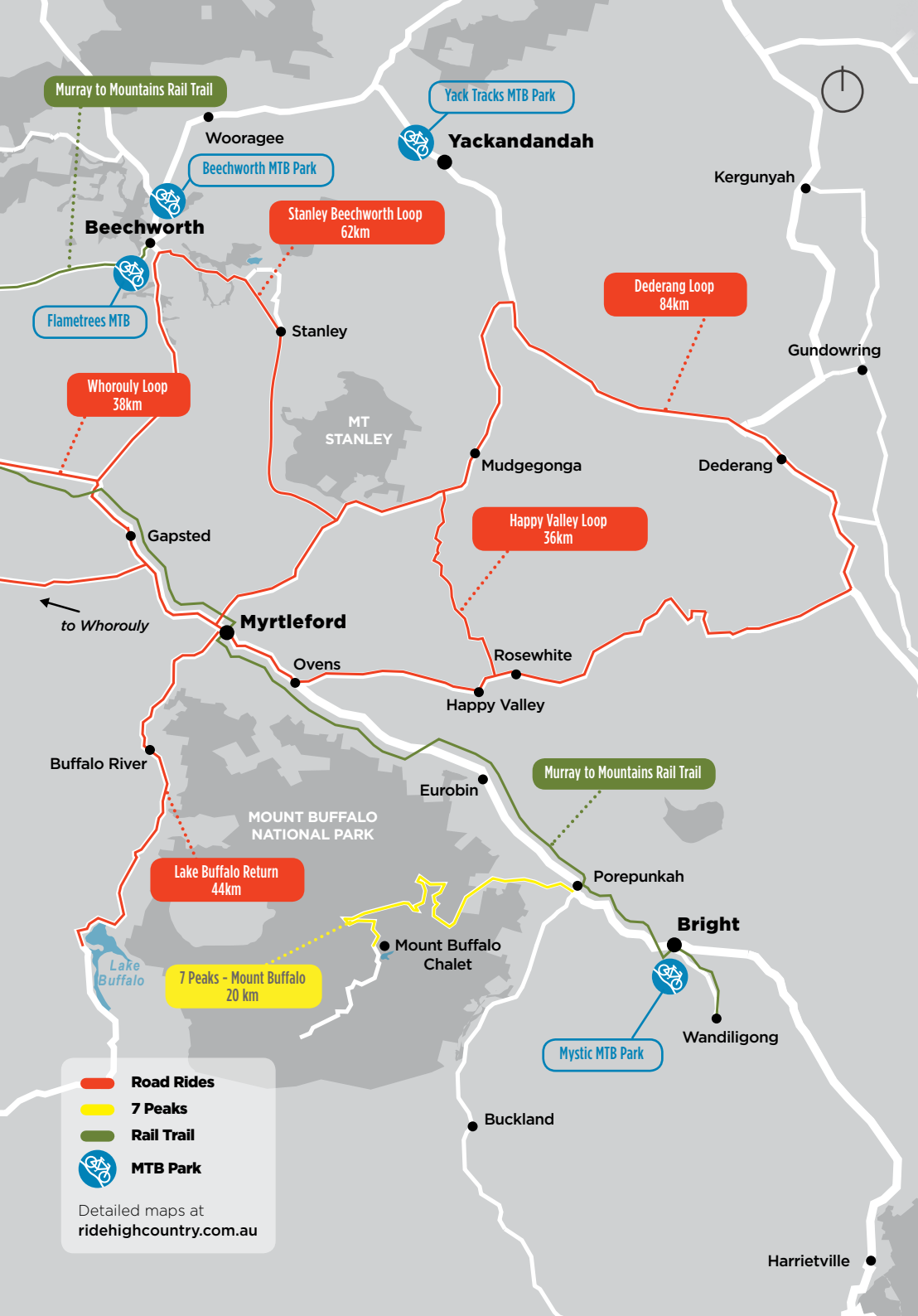
JOIN NOW

bicyclenetwork.com.au
#TogetherWeRide



BICYCLE NETWORK





MYRTLEFORD

Myrtleford, along the beautiful Ovens River, is a great base from which to explore the area's many fantastic cycling experiences, and soak up the cultural legacy of the many Italian immigrant families who made their home here after the Second World War.

The Murray to Mountains Rail Trail cuts right through the centre of town. Strike out in either direction – towards Wangaratta or Bright – and be rewarded with stunning valley views across to Mount Buffalo, lush farms stocked with fat cows, old tobacco drying kilns, vineyards and the surrounding Stanley Range.

Road riders up for a challenge can tackle a local favourite ride that sets out from here and climbs up to Stanley – either as a return ride or a loop via Beechworth and the Murmungee Basin. If you need to hire something to ride

during your stay head to the Myrtleford Cycle Centre, which is also the go-to place for running repairs.

There's plenty of motels, bed and breakfasts and self-contained accommodation here and a number of great places to eat and drink.

For delicious pizza don't go past Bastoni, while Cafe Fez serves cocktails and a great Middle Eastern menu. Go to Lupos Kiln Cafe right on the Rail Trail for authentic handmade pasta or continue on to a perfect country pub, the Happy Valley Hotel at Ovens, for a really good lunch or dinner.

At the the opposite end of town, head out on the trail to Gapsted Winery cellar door to taste the range or settle in for lunch with a view. Back in town Coffee Chakra roasts its own beans and also serves up a mean breakfast and lunch to hungry riders.

Detailed maps at
ridehighcountry.com.au

HIGHLIGHTS



RIDING FUEL

Fill the backpacks and panniers with as much fresh bread, just-picked produce and locally made wine as you can to fuel your riding adventures. This is a land of plenty where fruit and veg and nuts and berries are available at farm gates, cellar doors and the excellent farmers' market in the town square, which runs every fourth Saturday of the month.

visitmyrtlefordvic.com.au

HAPPY TRAILS

The name says it all! One of the prettiest road rides in the area is the Happy Valley Loop, a 36km ride from Myrtleford to Ovens, returning through the Happy Valley. For a longer, more challenging ride, continue on to the Myrtleford-Yackandandah Rd to join the 62km Stanley-Beechworth Loop with its 10km climb up to Stanley and exhilarating descent from the Beechworth plateau through the Murrumbidgee Basin and back to Myrtleford.

ridehighcountry.com.au



FOR YOUR VIEWING PLEASURE

Myrtleford to Taylor's Gap at Gapsted is a 10.5km one-way gently climbing stretch of the Murray to Mountains Rail Trail. It's well worth doing for the views of the surrounding Stanley Range and carpets of spring wildflowers on the way up, and on the way back, panoramic vistas stretching all the way to Mount Buffalo.

ridehighcountry.com.au



Australian Pumpkin Seed Company

Our award-winning farm gate experience is one of the must-do attractions on the Rail Trail between Myrtleford and Bright. A bike friendly farm shop where you can taste the delicious flavours and learn how we grow, harvest and press our seeds and oils from the only growers of Australian pumpkin seeds. Stop in to try our famous chocolate-coated pumpkin seeds.

5061 Great Alpine Road, OVENS
03 5752 1199 • admin@pumpkinseed.net.au
pepofarms.com.au



Gapsted Wines

Gapsted Wines is located at Gapsted on the Murray to Mountains Rail Trail just five minutes from Myrtleford in Alpine Valleys and delivers premium cool climate wines. The cellar door is open 10am to 5pm daily for free wine tasting of up to 25 varieties and an a la carte lunch menu from 12pm to 3pm daily. Bookings recommended. Check our website for events.

3897 Great Alpine Road, GAPSTED
03 5751 9101 • cellardoor@gapstedwines.com.au
gapstedwines.com.au



Happy Valley Hotel

A welcoming country pub with a great reputation. Our history dates back to 1854 when the liquor licence was first granted and we now sit in the building completed in 1888. The Happy Valley Hotel has been providing for locals and travellers alike for over 160 years. You can find us on the Great Alpine Road past Myrtleford on the way to Bright.

4994 Great Alpine Road, OVENS
03 5751 1628 • info@happyvalleyhotel.com.au
happyvalleyhotel.com.au



Michelini Wines

Recharge and relax at Michelini Wines cellar door – no matter what the season! Premium wines available by the glass and seasonal foods available – weekends only. Built in the style of a Tuscan villa from recycled and reclaimed materials. Family owned and operated. Open seven days, 10am – 5pm. Closed Christmas Day, New Years' Day, Anzac Day and Melbourne Cup Day.

213 Great Alpine Road, MYRTLEFORD
03 5751 1990 • sales@micheliniwines.com.au
micheliniwines.com.au



Panoramia Villas

Panoramia Villas offer luxury accommodation just outside the Myrtleford township. Enjoy breathtaking panoramic views over the Ovens Valley from the balcony of your private villa, take a relaxing bath with exclusive views, taste at award-winning wineries, dine at exceptional local cafes, browse in boutique shops or shop at markets.

124 Clemens Lane, MYRTLEFORD
0418 521 944 • info@panoramiavillas.com.au
panoramiavillas.com.au



Red Ramia Trading/Cafe Fez

Red Ramia Trading is an enormous globetrotter's emporium stocking furniture, homewares, gifts, fabrics, ceramics, furnishings, architectural/garden features from countries like China, India, Morocco, Japan and Argentina. Cafe Fez offers modern Middle Eastern cuisine, serving breakfast and lunch daily and dinner on Fridays. This is the world of Red Ramia Trading.

145 Great Alpine Road, MYRTLEFORD
03 5752 1944 • info@redramia.com.au
redramia.com.au



Tour de Vines

Our customers love our self-guided and small group guided tours on the Murray to Mountains Rail Trail. From one day to six days, let Tour de Vines organise a memorable cycling escape for you with exclusive accommodation, wine tastings, meals, bike, and support all taken care of. TripAdvisor Certificate of Excellence 2015, 2016 and 2017.

8 Jenny Lane, MYRTLEFORD
1300 665 330 • inquiry@tourdevines.com.au
tourdevines.com.au



COOK ★ CYCLE ★ FEAST

GOURMET CYCLE TOURS

Start with a cooking lesson

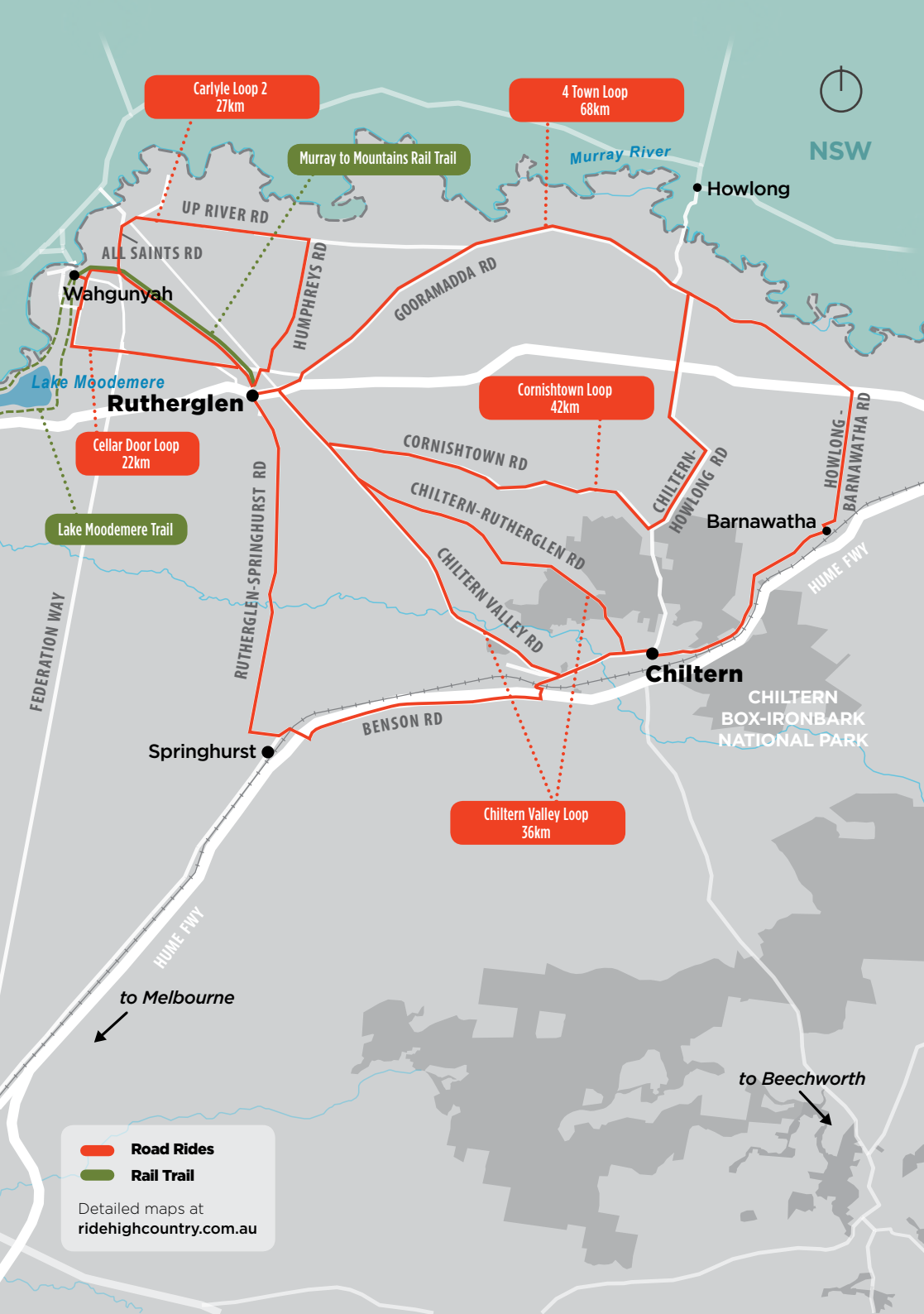
Ride to nearby farm gates collecting food & wine

Finish with a well-deserved feast!

Myrtleford Cycle Centre is a full-service bicycle shop located on the Murray to Mountains Rail Trail, North East Victoria

SALES ★ REPAIRS ★ BIKE HIRE ★ TOURS ★ BESPOKE GIFTS

www.myrtlefordcycle.com (03) 5752 1511



RUTHERGLEN & SURROUNDS

One of Australia's oldest wine regions, famous for its generations of winemakers crafting big, beautiful reds and luscious Muscats, Rutherglen is a great place to explore on two wheels. The Rutherglen to Wahgunyah leg of the Murray to Mountains Rail Trail offers an easy way to discover the area's food and wine riches via a self-guided Pedal to Produce experience. Pick up a map, and a tandem bike if you like, from the cycle-savvy folk at the Rutherglen Wine Experience.

Pack a picnic as you go, stopping at a pretty place along the way, or settle in for lunch at a cellar door cafe. The Rail Trail links to several sealed and

unsealed trails along the Murray River and Lake Moodemere so there's heaps to explore if you want to work off lunch! Road riders can also get a workout via loops from Rutherglen including the Chiltern Valley. Off-road, the Chiltern Mt Pilot National Park has a network of fun bushland trails through one of the last ironbark forests in the country. Worth a visit is nearby Chiltern with a totally intact gold rush streetscape and lots of collectibles shops to poke around. Finish the day with a pre-dinner tippie at the very funky Thousand Pound and for something special, dinner at Taste@Rutherglen or the chef's hatted Terrace at All Saints.

HIGHLIGHTS



BUSH BIKING WITH BINOCULARS AND BIRDS

Combine a bushland ride with a spot of twitching on the windy, undulating trails through the box ironbark forests of the Chiltern Mt Pilot National Park near Rutherglen. In spring and summer native wildflowers carpet the landscapes. Pause at the Honeysuckle Picnic Area for lunch and listen to the amazing chorus of birds. If you're really lucky, you might even spot a Regent Honeyeater, one of Australia's rarest birds.

parkweb.vic.gov.au

TWEED RIDE

Rutherglen's Tweed Ride is one of the most popular events during the High Country Harvest, an annual festival that salutes the outstanding food, wine and craft beer of the region. Ride a retro bike and dress up in vintage fashion on this 20km pedal from feast to feast.

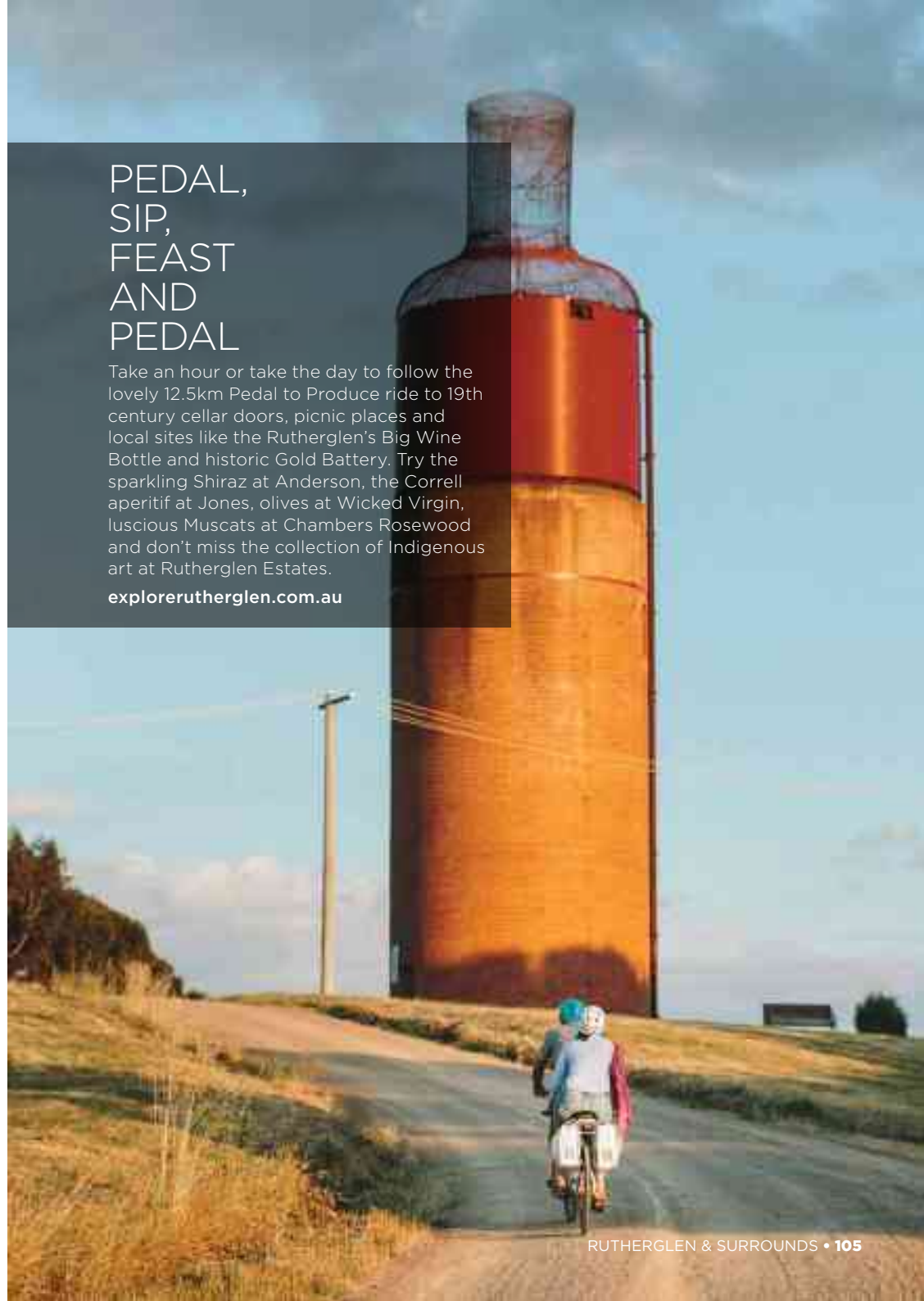
highcountryharvest.com.au



PEDAL, SIP, FEAST AND PEDAL

Take an hour or take the day to follow the lovely 12.5km Pedal to Produce ride to 19th century cellar doors, picnic places and local sites like the Rutherglen's Big Wine Bottle and historic Gold Battery. Try the sparkling Shiraz at Anderson, the Correll aperitif at Jones, olives at Wicked Virgin, luscious Muscats at Chambers Rosewood and don't miss the collection of Indigenous art at Rutherglen Estates.

explorerutherglen.com.au



All Saints Estate

Established in 1864, All Saints Estate is one of Australia's original wineries. Set amongst spectacular vineyard settings in Australia, the iconic estate is a must-see destination for wine and food lovers. Taste award-winning wines at the cellar door, enjoy a leisurely lunch at 'one hat' Terrace Restaurant or indulge in a cheese platter from Indigo Food Co.

315 All Saints Road, WAHGUNYAH
1800 021 621 • customerservice@allsaintswine.com.au
allsaintswine.com.au



Chambers Rosewood Vineyards

Rutherglen Muscat and Muscadelle (Tokay/Topaque) are recognised domestically and internationally as some of the finest wines in the world. Chambers is considered a major producer along with some lesser known varieties such as Gouais, Blue Imperial and Durif. This sixth generation family of winemakers is a must-visit due to close proximity to the Rail Trail.

Barkly Street, RUTHERGLEN
02 6032 8641 • chambers@chambersrosewood.com.au
chambersrosewood.com.au



Pfeiffer Wines

Pfeiffer Wines is an award-winning, family owned winery. Our historic cellars are nestled on beautiful Sunday Creek. Cyclists are always made most welcome for tastings and sales or even for turtle 'pfeeding' from our 'pfamous' Pfeiffer Sunday Creek Bridge.

167 Distillery Road, WAHGUNYAH
02 6033 2805 • cellardoor@pfeifferwines.com.au
pfeifferwines.com.au



Rutherglen Wine Experience and Visitor Information Centre

Rutherglen Wine Experience is your one-stop shop for all your cycling needs. We offer bike hire which includes 10 standard bikes and two tandem bikes. Open: seven days a week, 9am to 5pm. Closed Xmas day.

57 Main Street, RUTHERGLEN
1800 622 871 or 02 6033 6300 • info@explorerutherglen.com.au
explorerutherglen.com.au



St Leonards Vineyard

Established in 1860 and a 4.5 star rated winery by Halliday Wine Companion, St Leonards Vineyard is a hideaway for wine and food lovers. Picturesque and relaxing, the winery makes for an unforgettable cellar door tasting experience. It is the perfect family lunch spot on weekends with a seasonal menu from the café and live music every first Saturday of the month.

201 St Leonards Road, WAHGUNYAH
1800 021 621 • cellardoor@stleonardswine.com.au
stleonardswine.com.au



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 ACCOMMODATION & VISITOR INFORMATION: 1800 622 871

FROM SUN AND SOIL.

winemakers.com.au [f](#) [winerutherglen](#) [@winerutherglen](#)



YOUR RUTHERGLEN CYCLING ADVENTURE STARTS HERE!

At the start of the Murray to Mountains Rail Trail, we offer bike hire including tandem bikes, detailed maps and guides – all combined with the best local knowledge!

RUTHERGLEN WINE EXPERIENCE & VISITOR INFORMATION CENTRE

57 Main Street, Rutherglen, Vic 3685 // 1800 622 871
info@explorerutherglen.com.au // www.explorerutherglen.com.au



#escapees



**Last seen cycling the beautiful
trails in North East Victoria**

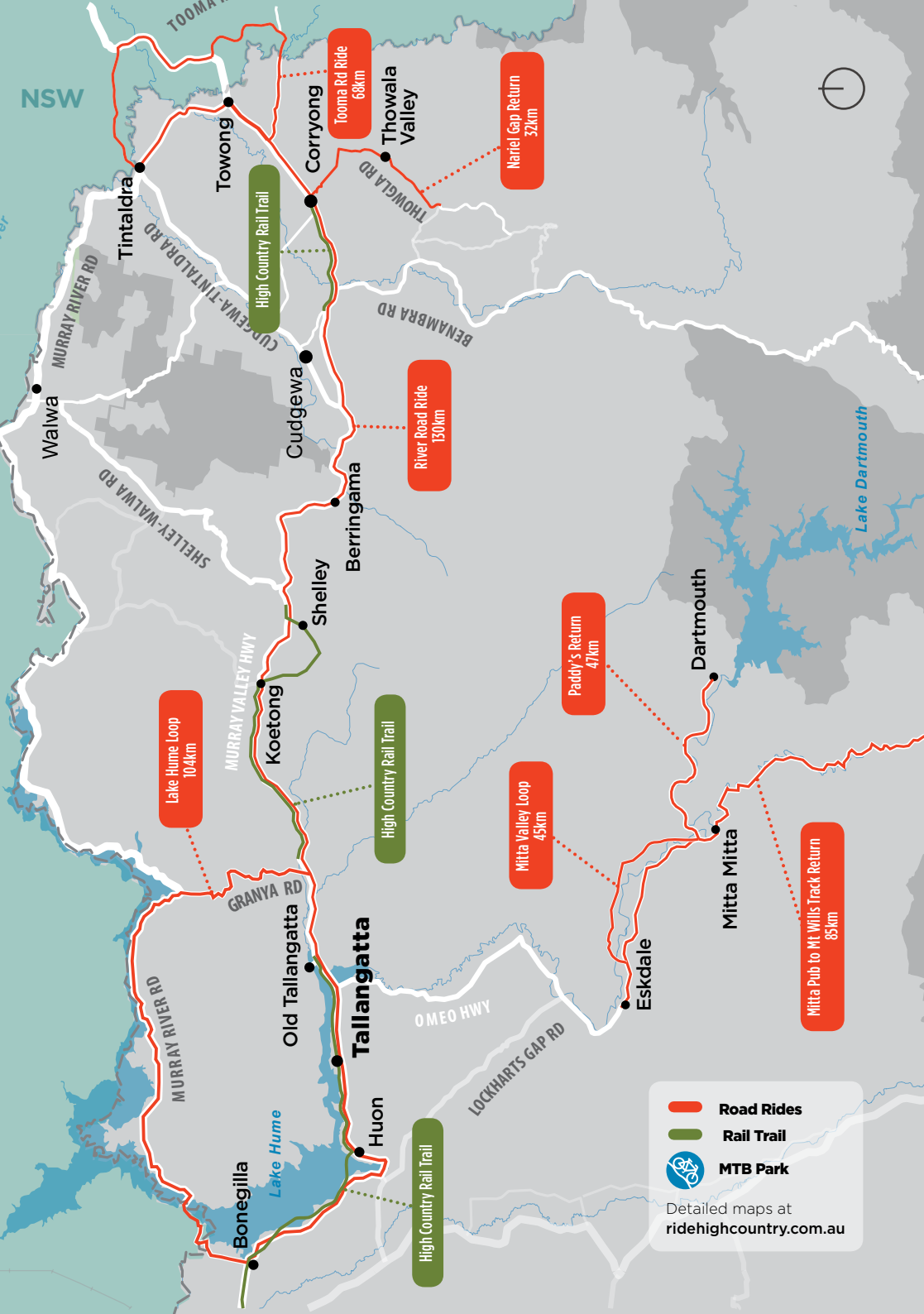
Plot your cycling *escape* with Tour de Vines



tourdevines.com.au

1300 665 330





UPPER MURRAY



Towering peaks and mighty rivers dominate the landscape of the Upper Murray, the home of the original High Plains mountain cattlemen and the legendary *Man from Snowy River*. On two wheels the High Country's northernmost corner offers spectacular views in every direction: waterfalls, lookouts, places to kayak and swim, and great places to camp. There is also a range of memorable cycling experiences - whatever your riding preference.

Roadies venturing this way can discover some outstanding long and winding rides including the 130km Murray River Road from Bellbridge to Towong passing through Corryong, where you can hop off and check out the *Man from Snowy River* museum.

Mountain bikers can explore backroad loops following old Cobb & Co coach

trails and tackle gnarly forest tracks through challenging terrain around the stunning Mitta Valley to the huge Dartmouth Dam with Australia's highest dam wall.

For something more low-key there's the High Country Rail Trail around Lake Hume with magic valley and mountain views from the iconic Sandy Creek Bridge and along to Tallangatta. Hot local tip: don't miss the doughnuts at Teddy's Joint - they're legendary.

Tallangatta is a great base for a few days exploring or just chilling lakeside while your dinner cooks on the barbecue. "The town that moved" was created in the 1950s when Old Tallangatta, the end point of the trail 9kms further on, was flooded to make way for Lake Hume as part of the Snowy Mountains hydro scheme.

 Road Rides

 Rail Trail

 MTB Park

Detailed maps at
ridehighcountry.com.au

HIGHLIGHTS



BIKE MITTA

Check into the pub in Mitta Mitta at the junction of the Mitta Mitta River and Snowy Creek and explore the stunning valley by mountain or road bike. Try the half day Yabba Loop on back tracks and trails from town through lush farmland and native forests. At the end, reward yourself with a great meal at the pub.

valleyslakesandvistas.com.au

PEDAL AND SNOOZE

Family getaways don't get much better than the Colac Colac Caravan Park, a beautiful camping place on the banks of Nariel Creek. Cycle the easy, sealed 14km return track to Corryong, and when you get back, relax, catch a fish, float downstream on a tyre or fall asleep under a shady old tree.

visituppermurray.com.au

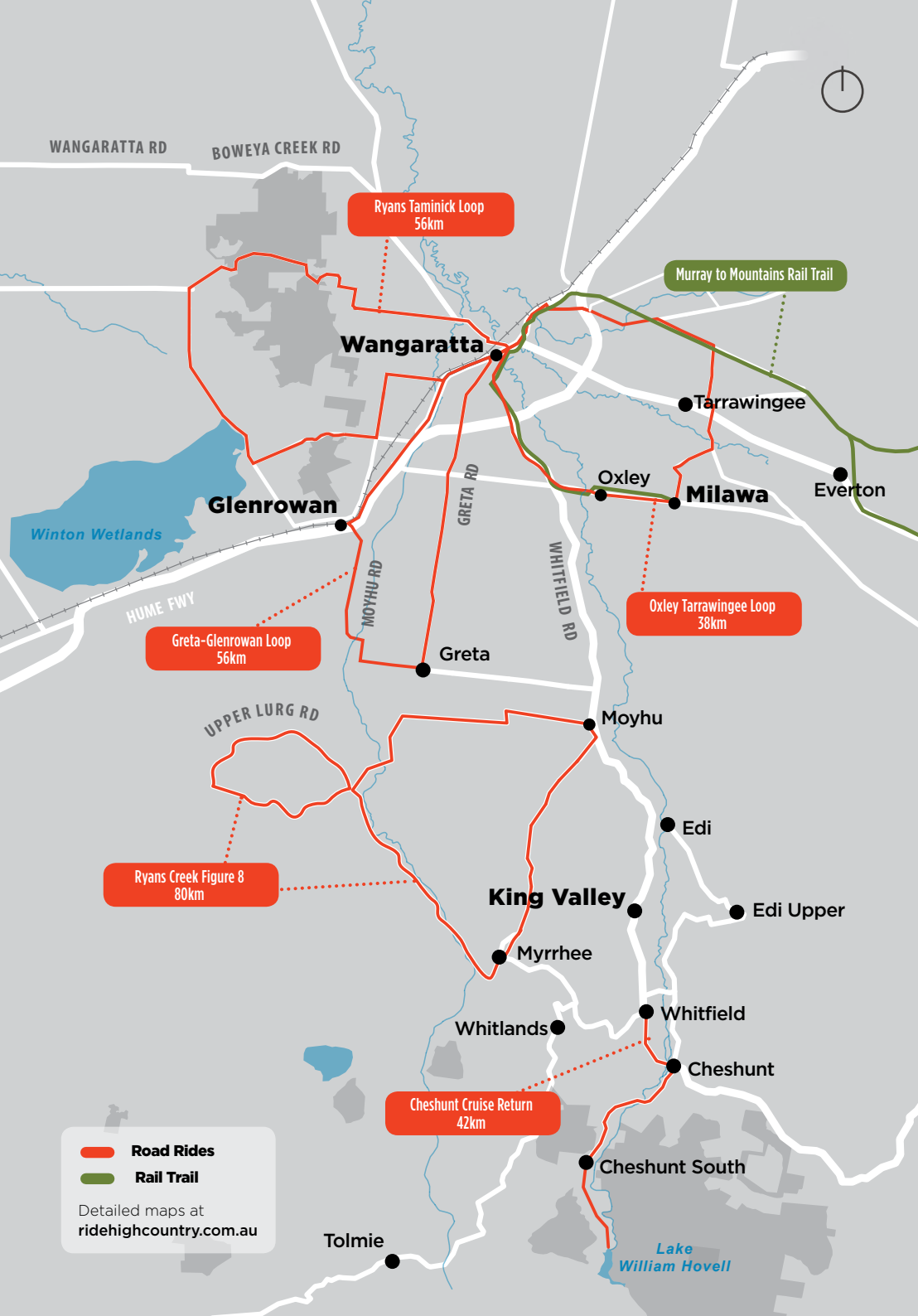


CONQUER THE MURRAY

Get away from it all on the epic 130km Murray River Road ride that sweeps through spectacular landscapes with endless views of the Snowy Mountains and Murray River plains. Stop at Newmans and Farrens Lookouts to catch your breath and soak up scenery that includes Pine Mountain, which is even bigger than Uluru – it's Australia's largest monolith.

ridehighcountry.com.au





WANGARATTA & KING VALLEY

Birthplace of champions and home to Australia's oldest cycle club, this area's connection to riding runs deep. Long valley rides and leg-burning climbs up and over the spectacular Warby Ranges are two good reasons why Wangaratta has produced some of our best road cyclists, including Olympic champions Dean Woods and Damian McDonald, plus Tour de France Green Jersey winner, Baden Cooke. But you don't have to be an elite rider to enjoy the cycling here, because this is the jumping off place for the famous food and wine destinations, Milawa and the King Valley.

Easily reached following the Murray to Mountains Rail Trail via Tarrawingee and Everton (longer) or via Oxley to

Milawa, you can start the day with a coffee at Cafe Derailleur in Wang and be at winemaker and roadie enthusiast Sam Miranda's cellar door restaurant or Brown Brothers Wine's Patricia's Table just in time for lunch.

Pedal to the Milawa Cheese Factory for something more casual or fill your backpack with local olives, bread, cheese and charcuterie from Gamze Meat's smokehouse door and head to the river for a swim and picnic.

A local favourite is the road ride through the beautiful King Valley, home to Italian heritage winemakers famous for their Prosecco and Sangiovese varietals. Consider finishing your day with a craft beer from Malt Shed Brewery back in Wangaratta.

HIGHLIGHTS



RIDE REWARDS

All that pedalling deserves rewards and this area serves them up in spades. Try Chrismont Winery at the end of the King Valley road ride for its impressive cellar door and great Italian food and wine. Pedal to Oxley and take a breather with some cheese and wine at John Gehrig's cellar door on the King River and, after a hard ride up to Taminick, let brewer James Booth quench your thirst with one of his well crafted Black Dog brews.

visitkingvalley.com.au

RIDE KELLY COUNTRY

Cycle the roads once roamed by Australia's most celebrated bushranger on the 56km intermediate Greta-Glenrowan Loop Ride. Ned Kelly lived in Greta from the age of 12 and it was here his troubles started, and ended, in the siege of Glenrowan. History and legends aside, the valley views on this loop are outstanding.

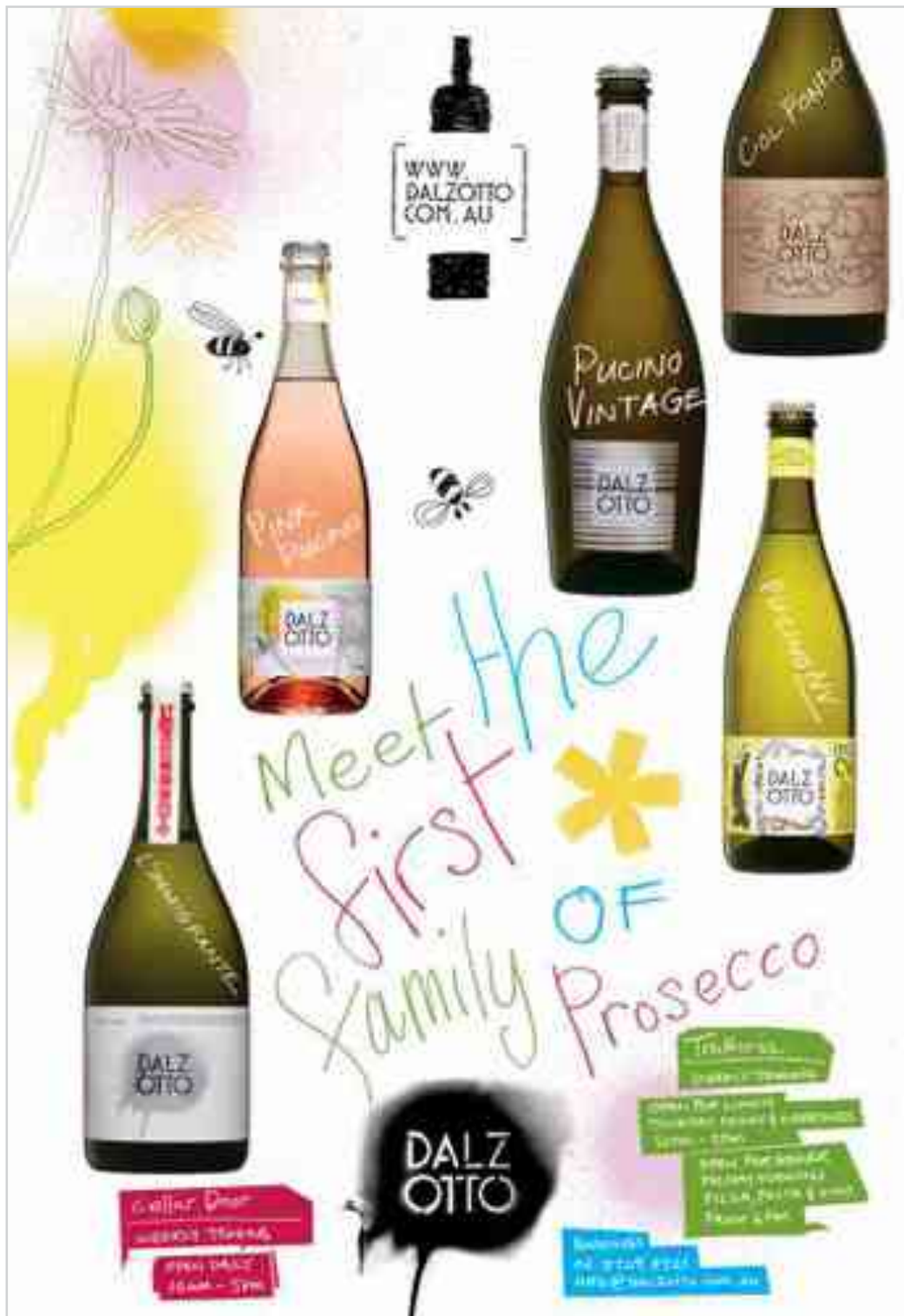
visitwangeratta.com.au



RIDE THE RAILS

Leave the car at home and catch the train to Wangaratta, the jumping off point for the Murray to Mountains Rail Trail. Take a few days to ride one of the best sealed off-road trails in the country, 84kms all the way to Bright. Overnight in Myrtleford or take a side leg up the plateau to beautiful Beechworth.

ridehighcountry.com.au



BIG4 Wangaratta North Cedars Holiday Park

Big4 Wangaratta North Cedars Holiday park is a great central base with accommodation options for everyone, from grassy, pet friendly powered and en suite sites to standard cabins and deluxe cabins. Bring your bike along to take advantage of the Rail Trail, accessible right on the back doorstep to the park.

170 Bowser Road, NORTH WANGARATTA
03 5721 5230 • stay@northcedars.com.au
northcedars.com.au



Chrismont

A must-see of the King Valley and only a gentle 7.4km ride from Whitfield is Chrismont's impressive cellar door and restaurant with unparalleled views of the region. Taste an extensive collection of European and contemporary Mediterranean varietal wines, enjoy a lunch of northern Italian and Sicilian-inspired fare, or book a stay in the luxurious guesthouse.

251 Upper King River Road, CHESHUNT
03 5729 8220 • info@chrismont.com.au
chrismont.com.au



Dal Zotto Wines

One family, an Italian heritage, cool, high altitude climate most suitable to sparklings and finely textured wines – that's Dal Zotto Wines. Every Dal Zotto man and woman is involved in the winery during the week and the Trattoria at the weekends. Patriarch Otto Dal Zotto was born in Valdobbiadene in the Vento, home of Italy's favourite sparkling, Prosecco. It's logical then that Dal Zotto would pioneer the Prosecco grape in Australia.

Main Road 4861 Road, WHITFIELD
03 5729 8321 • info@dalzotto.com.au
dalzotto.com.au



John Gehrig Wines

Why not pop into a fifth generation family run winery in two great locations in north east Victoria? Rutherglen and Oxley (just off the Snow Road) We have some award-winning wines ranging from sparkling through to fortified wines. So when next in north east Victoria, come show this advert to get 10 per cent off your purchase. We are sure you will find a new favourite!

80 Gehrigs Lane, OXLEY
03 5727 3395 • wines@johngehrigwines.com.au
johngehrigwines.com.au



Lindenwarrah at Milawa

Located at the heart of Milawa, off the Snow Road, Lindenwarrah offers 40 individually decorated and spacious guest rooms with king size beds and high ceilings. All rooms have floor to ceiling windows and either a first floor shared balcony with vineyard views or ground level access to the gardens.

223 Milawa-Bobinawarrah Road, MILAWA
03 5720 5777 • info@lindenwarrah.com.au
lancemore.com.au





Mountain View Hotel

Come dine with us! The Italian-inspired gastropub menu is available seven days for lunch and dinner. You can dine inside or alfresco in the stunning beer garden. Bookings are not essential, but are advised. Join us and enjoy local King Valley wines, Prosecco cocktails, local beers and cider with your friends and family. Stylish motel accommodation is also available.

4 King Valley Road, WHITFIELD
03 5729 8270 • info@mvhotel.com.au
mvhotel.com.au



Pizzini Wines

The welcome is warm, Italian-style and generous. Visit to taste Prosecco, Pinot Grigio, Sangiovese, Nebbiolo, Brachetto and Arneis. Katrina Pizzini runs *A tavola!* Cooking School, which is part of the family's cellar door. See Pizzini website for the class schedule. Relax in the garden with a glass of wine or chat over a coffee with friends. Children are welcome too.

175 King Valley Road, WHITFIELD
03 5729 8278 • talkdirect@pizzini.com.au
pizzini.com.au





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Quality Hotel Wangaratta Gateway

Our award-winning 4.5 star hotel offers 77 suites and apartments (including self contained 2 and 3 bedroom), undercover car parking, secure bike storage, heated pool, spa, sauna and our restaurant Atrium is open 7 days for breakfast and dinner. Perfect for families and groups our suites are all serviced daily and room service is available.

29-37 Ryley Street, WANGARATTA
03 5721 8399 • info@wangerattagateway.com.au
wangerattagateway.com.au

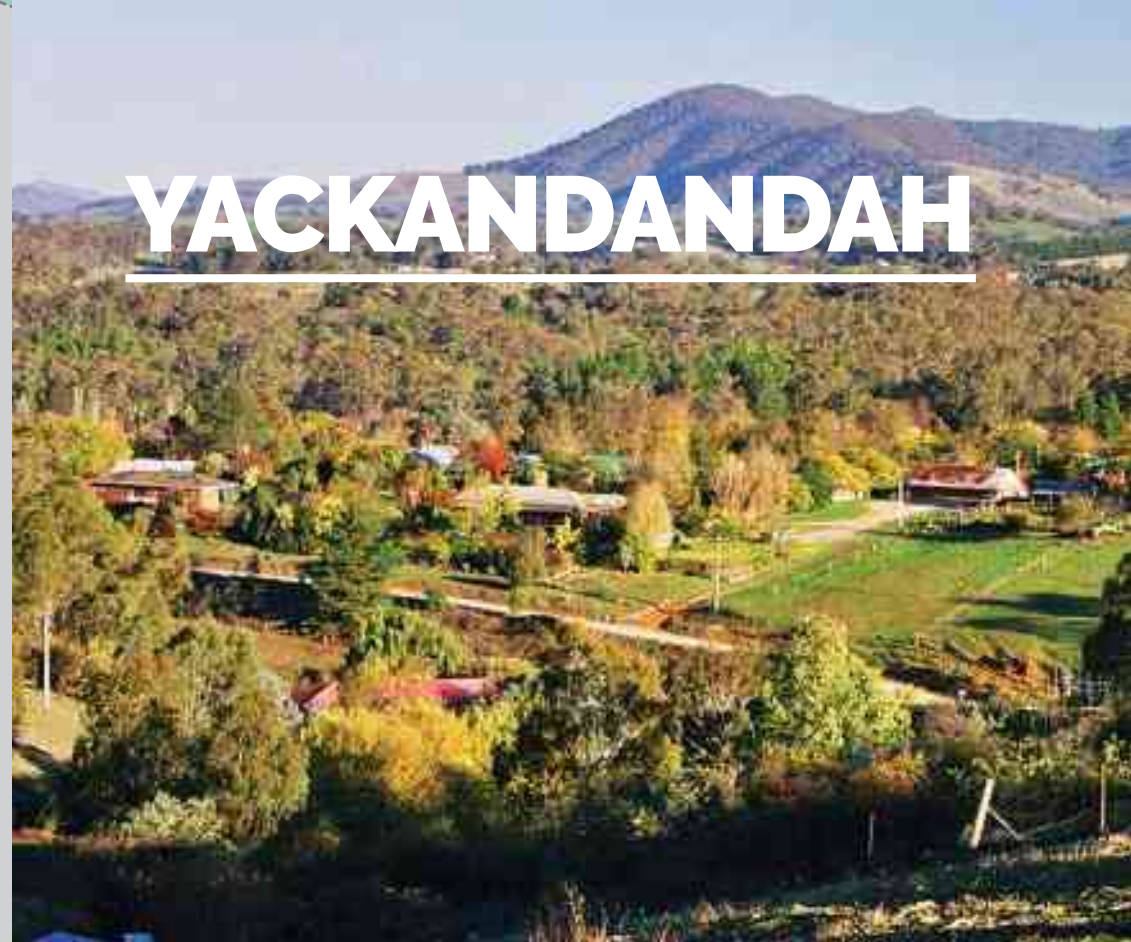
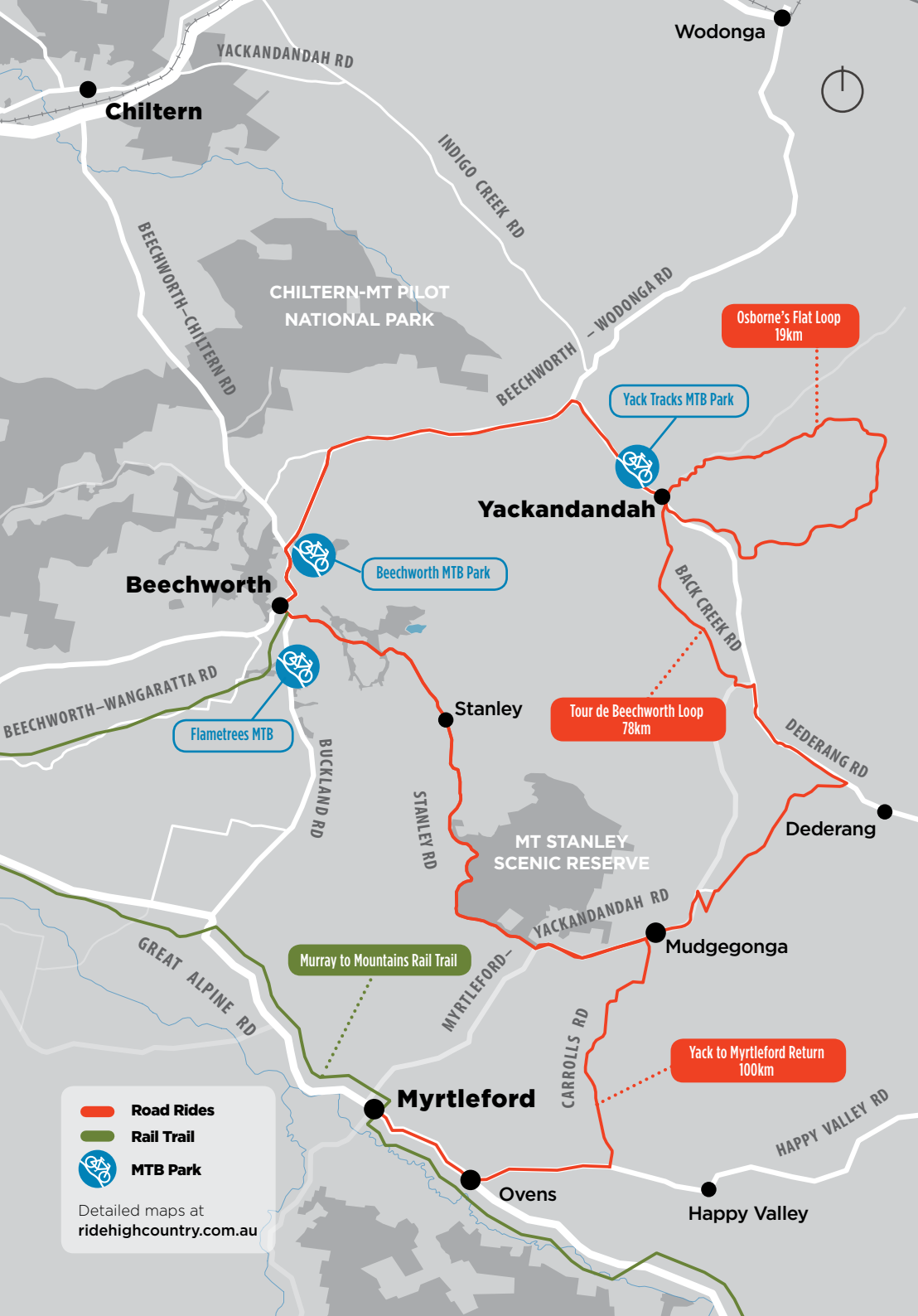


Rock and Road Cycles

Bike hire, organised group tours and transfers along the Murray to Mountains Rail Trail, Rock and Road Cycles are able to cater for your cycling needs. From on-the-spot repairs to an extensive range of accessories. Stocking Giant and Trek bikes as well as e-bikes. Centrally located in Wangaratta, less than 1km from the railway station.

21 Rowan Street, WANGARATTA
03 5721 4744 • rob@rockandroadcycles.com.au
rockandroadcycles.com.au





What's not to like about Yack? Its streetscape is straight out of the gold rush – it's cute, quaint, arty and, lately, it has gone bike mad!

A local band of mountain bikers is behind the hugely fun Yack Tracks in the Stanley forest just behind the town. These handmade, colour-coded cross-country single trails can be enjoyed by anyone with any level of skill or experience.

Tucked away between Beechworth and the Kiewa Valley, this perfect little nugget of a town is also a great base to take off on some memorable, scenic road rides.

Back in town, get stuck into a delicious, locally made Gum Tree Pie or pull up a

chair at Saint Monday, a sustainably run cafe serving wholesome tucker, house made breads and baking pistachio doughnuts to die for.

The shops on Main Street are great for hunting out old treasures or picking up some local art. There are some easily accessed walks along the once gold-rich creeks to stretch the legs.

Call in for a beer or country at The Star, one of the best country pubs of the region. It has a smokehouse for ribs, serves local Two Pot beer and is the hub for Yack's regular mid-week night muso jam, a great warm-up for the sensational Yack Folk Festival each March.

HIGHLIGHTS



HIT THE ROAD

Yackandandah ticks plenty of road cycling boxes. Here quiet country roads meet High Country vistas and working farms that are just perfect for roadies. Check out the Osborne's Flat Loop for an easy warm-up before testing your mettle on either the Tour de Beechworth route or Yack to Myrtleford Return. Be careful, the last two pack a punch...

ridehighcountry.com.au

SUSTAINABLE YACK

Sustainability is close to the heart of this community, which aims to be 100 per cent powered by renewable energy by 2020. So it's no surprise the local mountain bikers have applied the same principles to designing their excellent Yack Tracks trails. Suitable for beginners to experienced riders, the well mapped flowing trails have long, unbroken sections, are low profile and built with minimal impact to highlight the area's interesting gold mining history.

exploreYackandandah.com.au



BUILD YOUR SKILLS

The 3.3km Shack Loop is a great introduction for mountain biking newbies, with route options for skill building. Master the basic loop then take the right hand turn to Bogan's Run or the left hand turn on to Carcass Canyon. Got the skills? Ride with the friendly YOBBOS - Yackandandah Old Blokes Biking - on their regular ride from the Memorial Gardens: Tuesday and Thursday at 7pm and Sunday at 8am. Visitors welcome!

ridehighcountry.com.au



INFORMATION AND SAFETY

Mountain Bike Parks and Trailheads

PARKS

FALLS CREEK

falls creek.com.au/mtb

[f](#) @FallsCreekAlpineResort

MOUNT BEAUTY (BIG HILL MTB PARK)

tmb.org.au

[f](#) Team Mount Beauty

BRIGHT (MYSTIC MOUNTAIN MTB PARK)

alpinecommunityplantation.com.au

alpinecyclingclub.com.au

[f](#) @AlpineCyclingClub

[f](#) @MysticParkBright

BEECHWORTH

beechworthchaingang.com

[f](#) @bcgmtb

YACKANDANDAH (YACK TRACKS)

exploreyackandandah.com.au

[f](#) Yackandandah Cycling

MT BULLER

bike.mtbuller.com.au

[f](#) @BikeBuller

DINNER PLAIN

[visitdinnerplain.com.au/
cycling-mountain-biking](http://visitdinnerplain.com.au/cycling-mountain-biking)

[f](#) @Dinner.Plain

Reporting Rail Trail Maintenance

To report rail trail maintenance issues please call:

MURRAY TO MOUNTAINS RAIL TRAIL

RURAL CITY OF WANGARATTA

council@wangeratta.vic.gov.au

03 5722 0888

INDIGO SHIRE

indigoshire@indigoshire.vic.gov.au

03 5728 8000

ALPINE SHIRE

info@alpineshire.vic.gov.au

03 5755 0555

GREAT VICTORIAN RAIL TRAIL

greatvictorianrailtrail.com.au

1800RTRAIL

HIGH COUNTRY RAIL TRAIL

TOWONG SHIRE

towong.vic.gov.au

02 6076 2160

Safety

Dial **000** for police, fire and ambulance.

EMERGENCY VICTORIA

Before visiting the High Country, download the Vic Emergency App from your favourite app store and set up your watch zone.

emergency.vic.gov.au

VIC ROADS

vicroads.vic.gov.au

CFA

Vic Emergency Hotline 1800 226 226

cfa.vic.gov.au

VISITOR INFORMATION CENTRES

Accommodation and travel information across Victoria's High Country.

BEECHWORTH

VISITOR INFORMATION CENTRE

103 Ford St, BEECHWORTH

1300 366 321

beechworthonline.com.au

BENALLA

VISITOR INFORMATION CENTRE

14 Mair St, BENALLA

03 5762 1749

enjoybenalla.com.au

BRIGHT

ALPINE VISITOR INFORMATION CENTRE

119 Gavan St, BRIGHT

1800 111 885

visitbright.com.au

CHILTERN

VISITOR INFORMATION CENTRE

30 Main St, CHILTERN

03 5726 1611

chilternvc.com

CORRYONG

VISITOR INFORMATION CENTRE

50 Hanson St, CORRYONG

02 6076 2277

visituppermurray.com.au

valleyslakesandvistas.com.au

FALLS CREEK

VISITOR INFORMATION CENTRE

Cnr Slalom St & Bogong High Plains Rd,

FALLS CREEK

03 5758 1202

falls creek.com.au

MANSFIELD

VISITOR INFORMATION CENTRE

173 High St, MANSFIELD

1800 039 049

mansfieldmtbuller.com.au

MOUNT BEAUTY

VISITOR INFORMATION CENTRE

31 Bogong High Plains Rd,

MOUNT BEAUTY

1800 111 885

visitmountbeauty.com.au

MYRTLEFORD

VISITOR INFORMATION CENTRE

Post Office Complex, Great Alpine Rd,

MYRTLEFORD

03 5755 0514

visitmyrtlefordvic.com.au

RUTHERGLEN

WINE EXPERIENCE AND

VISITOR INFORMATION CENTRE

57 Main St, RUTHERGLEN

1800 622 871

explorerutherglen.com.au

WANGARATTA

VISITOR INFORMATION CENTRE

100 - 104 Murphy St, WANGARATTA

1800 801 065

visitwangeratta.com.au

YACKANDANDAH

VISITOR INFORMATION CENTRE

27 High St, YACKANDANDAH

02 6027 1988

uniqueyackandandah.com.au

How to enjoy your ride

- Wear an approved helmet whenever riding.
- Carry adequate supplies of water and snacks.
- Always use sunscreen, even in winter.
- Carry a basic first aid kit.
- Always carry a tool/repair kit, pump and spare tube.
- If you plan to leave the beaten track, tell friends where you are going and when you plan to return.
- Carefully plan your route and carry a road map or trail guide if possible.
- Swooping magpies in early spring can be a problem; ask a local when and where nesting areas occur.
- Wear padded shorts if you have them, it will make your ride much more enjoyable.
- Know your limits, don't overdo it and always ride well within your comfort zone.
- Take your mobile phone with you.

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